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Jul.30.2023



## **Definition: Fitness Stats**

## Home Team /Away Team

In this report, Home Team refers to Serting Senior. and Away Team refers to Taiping Senior.

#### HR

Heart rate per minute of an individual player.

#### **BHR**

Basic heart rate (BHR) measured on an empty stomach before the player gets up in the morning.

## History MHR

Max heart rate (MHR) of the player on record.

#### MHR

Max heart rate (MHR) of the player in the present match.

#### Physical Load

Physical load demonstrates the physical load on a player's body in sports activities. The physical load index is calculated by adopting Stagno's Trimp method, in which heart rate and playing time of the player are considered to be factors affecting the physical load. Higher physical load index reflects more fatigue a player experiences.

# Intensity

The average physical load per minute, i.e. total physical load being divided by time played, illustrates the intensity of a player during a game.

#### VO<sub>2</sub> Max

VO2 Max is the maximum rate of oxygen consumption as measured during incremental exercise. Maximal oxygen consumption reflects the aerobic physical fitness of the individual, and is an important determinant of their endurance capacity during prolonged, sub-maximal exercise.

### Calorie

Calorie consumption of the player (kcal).

#### Home Team Speed Ranges

Walk/Stand( $0.0\text{m/s} \le \text{V} < 1.2\text{m/s}$ )  $Jog(1.2\text{m/s} \le \text{V} < 2.4\text{m/s})$   $Low-speed(2.4\text{m/s} \le \text{V} < 4\text{m/s})$   $Medium-speed(4\text{m/s} \le \text{V} < 5.5\text{m/s})$   $High-speed(5.5\text{m/s} \le \text{V} < 7\text{m/s})$   $Sprint(7\text{m/s} \le \text{V})$ 

## Away Team Speed Ranges

 $\label{eq:walk/stand} $$\operatorname{Walk/Stand}(0.0\text{m/s} \le V < 1.2\text{m/s})$$ $$\operatorname{Jog}(1.2\text{m/s} \le V < 2.4\text{m/s})$$ $$\operatorname{Low-speed}(2.4\text{m/s} \le V < 4\text{m/s})$$ $$\operatorname{Medium-speed}(4\text{m/s} \le V < 5.5\text{m/s})$$ $$\operatorname{High-speed}(5.5\text{m/s} \le V < 7\text{m/s})$$ $$\operatorname{Sprint}(7\text{m/s} \le V)$$$ 

#### **Distance Covered**

The total distance covered by a player during his/her playing time.

## Effective Running Distance

Total running distance when the player's running speed reaches medium-speed or above.

# High-speed Running Distance

The total distance covered by a player when the player's speed is within the range of "high speed"

#### High-speed Runs

A high-speed run is counted when the player's running speed stays within the range of "high-speed" for over 0.6s.

#### **Sprint Distance**

Total distance covered by the player when he/she is sprinting during his/her playing time.

#### **Sprints**

A sprint is counted when the player's running speed stays within the range of "sprint" for over 0.6s.

#### **Definition: Fitness Stats**

#### Intensive Runs

Intensive runs refer to high-speed runs and sprints.

#### Avg. Intensive Run Intervals

Intervals between each two intensive runs will be counted. Average intervals between intensive runs = accumulated length of intervals/total amount of intervals.

# Inertance Movement Analysis

Definition of IMA as a player's movements and micromotions in a short time interval (currently defined as 0.5 seconds - 5 seconds) resulting in a certain degree of change in player speed.

# Inertance Movement Analysis Strength

The intensity is defined as the average acceleration over the time interval of the IMA event. Strength can be classified into high strength, medium strength and low strength

Low (Intensity  $< 3 \text{ ms}^{-2}$ )

Medium  $(3 \text{ ms}^{-2} \le \text{Intensity} < 6 \text{ ms}^{-2})$ 

High (Intensity  $>= 6 \text{ ms}^{-2}$ )

# Highest Dribble Speed

Highest speed of the player during his/her ball possession time.

## **Highest Speed**

Highest speed of a player during a certain period of time.

# Inertance Movement Analysis direction

The angle change of the player during a given period of time according to the initial speed and the ending speed and classify it into acceleration, right turn, left turn and deceleration:

Acceleration: The angle of change between the starting speed and the ending speed is between -45 degrees and 45 degrees.

Deceleration: The angle change between the start speed and the end speed is greater than 135 degrees or less than -135 degrees.

Turn left: the angle between the start speed and the end speed varies between -45 degrees and -135 degrees.

Turn right: the angle between the start speed and the end speed varies between 45 degrees and 135 degrees.

## Definition: Technical and Tactical Stats

#### Possession

Possession of Team A = Completed passes of Team A / Completed passes of both teams

#### **Passes**

Player intentionally plays the ball to another teammate. Throw-ins will not be counted as passes. Set pieces (free kicks and corners) will be counted as passes.

# Pass Completion

The ratio reflecting the percentage of successful passes out of total pass attempts of the player

#### Passes from Different Areas

We divide the field into 18 areas and calculate total passes and pass completion from each area.

#### **Attack Sides**

We divide the pitch equally along the goal line into three areas: left, middle and right.

Ratio of activities in each area = ball possessions in each area / total ball possessions.

# Interceptions

Interception includes tackles and ball interceptions.

A tackle is defined as where a player connects with the ball in a challenge where he successfully takes the ball away from the opponent in possession. If the ball goes out of play when the tackle is made, the action is deemed as a failed one. A ball interception is counted when a player intentionally intercepts a pass by moving into the line of the intended ball. The following three conditions will not be counted as ball interceptions:

1. The ball goes out of play when an interception attempt is made.

2.The ball goes to an opposition player when an interception attempt is made.

3. The ball stays with the opposition player.

#### **Action Zones**

We divide the pitch equally along the side line into three areas: defense third, middle third and attack third.

Ratio of activities in each area = ball possessions in each area / total ball possessions.

# **Content**

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# 7. PLAYER SUMMARY

Serting Senior

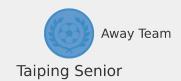
9 Player 5 Player 4 Player 2 Player 1 Player 7 Player 6 Player

Taiping Senior

Annafi Hanif Hafizuddin M. Razif Fitri Rujhan Beck



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# 1. SQUAD

# 1.1 Line-up

Shirt No.	Name	Sub Off
91	9 Player	
95	5 Player	<b>▼</b> 00′19″
96	4 Player	
98	2 Player	▼ 05′14″
99	1 Player	<b>▼</b> 11′30″

Shirt No.	Name	Sub Off
1	Annafi	
5	Hanif	
7	Hafizuddin M.	
8	Razif	▼ 03′59″
9	Fitri	<b>▼</b> 10′44″

## 1.2 Substitutes

Shirt No.	Name	Sub On	Sub Off
93	7 Player	<b>▲</b> 00′19″	▼ 05′14″
94	6 Player	▲ 05′19″	

Shirt No.	Name	Sub On	Sub Off
2	Rujhan	▲ 03′59″	▼ 05′22″
4	Beck	▲ 05′22″	



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# 2. OVERVIEW

## 2.1 Formation (FT)





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# 2. OVERVIEW

# 2.2 Fitness Stats

1st Ha	lf 2nd Half	Full Time		1st Half	2nd Half	Full Time	
53.9	75.8	129.7	Physical Load	45.1	79.6	124.7	
10.3	10.8	10.6	Intensity	8.6	11.3	10.2	
1634r	n 2191m	3825m	Distance Covered	1513m	1991m	3504m	
0m	80m	80m	Effective Running Distance	40m	61m	101m	
0m (0	0m (0)	0m (0)	High-speed Runs	11m (1)	9m (1)	20m (2)	
0m (0	0m (0)	0m (0)	Sprints	0m (0)	0m (0)	0m (0)	

# 2.3 Technical and Tactical Performance

1st Half	2nd Half	Full Time		1st Half	2nd Half	Full Time
3	4	7	Shots	2	2	4
1	2	3	On-target Shots	2	2	4
0	0	0	Goals	0	0	0
0	0	0	Corners	0	0	0
0	0	0	Free-kicks	0	0	0
54%	62%	58%	Possession	46%	38%	42%
01′29″	01′36″	03′05″	Possession Time	00′36″	01′00″	01′36″
43	50	93	Passes	35	38	73
65%	58%	61%	Pass Completion	69%	47%	58%
10	18	28	Interceptions	10	19	29
0	0	0	Yellow Card	0	0	0
0	0	0	Red Card	0	0	0



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		2. OVERVIEW		
2.4 Match Event				
Event	Player	Time	Event	Player





# 2. OVERVIEW

# 2.5 Individual Stats

						Serting	g Senior					
Name	Time	MHR (bpm)	Avg. HR (bpm)	Physica <b>l</b> Load	Intensity	Distance Covered (m)	High-speed Running Distance (m)	Sprint Distance (m)	Avg. Intensive Run Intervals	Passes	Completed Passes	Interceptions
91-9 Player	12′16″	168	156	15.1	1.2	412	0(0)	0(0)	00′00″	14	12(86%)	5
93-7 Player	04′54″	194	187	18.2	3.7	336	0(0)	0(0)	00′00″	8	5(63%)	4
94-6 Player	06′57″	179	169	14.6	2.1	482	0(0)	0(0)	00′00″	13	5(38%)	4
95-5 Player	07′17″	182	167	14.3	2.0	436	0(0)	0(0)	00′00″	7	2(29%)	3
96-4 Player	12′16″	190	176	33.0	2.7	906	0(0)	0(0)	00′00″	20	13(65%)	4
98-2 Player	06′00″	172	155	7.5	1.3	428	0(0)	0(0)	00′00″	9	5(56%)	1
99-1 Player	11′30″	184	174	27.0	2.3	825	0(0)	0(0)	00′00″	22	15(68%)	7

<sup>\*</sup>Shirt Number-Name-Distance (x). Highest Figure 2nd and 3rd Highest





# 2. OVERVIEW

# 2.5 Individual Stats

						Taiping	Senior					
Name	Time	MHR (bpm)	Avg. HR (bpm)	Physica <b>l</b> Load	Intensity	Distance Covered (m)	High-speed Running Distance (m)	Sprint Distance (m)	Avg. Intensive Run Intervals	Passes	Completed Passes	Interceptions
1-Annafi	12′16″	182	167	23.5	1.9	706	0(0)	0(0)	00′00″	12	4(33%)	4
2-Rujhan	02′55″	177	167	12.9	4.4	226	0(0)	0(0)	00′00″	7	3(43%)	3
4-Beck	06′53″	190	170	14.4	2.1	479	0(0)	0(0)	00′00″	10	5(50%)	5
5-Hanif	12′16″	182	160	19.2	1.6	725	0(0)	0(0)	00′00″	14	13(93%)	5
7-Hafizuddin M.	12′16″	179	153	14.3	1.2	327	0(0)	0(0)	00′00″	9	6(67%)	3
8-Razif	03′59″	190	180	12.2	3.1	320	0(0)	0(0)	00′00″	3	2(67%)	3
9-Fitri	10′43″	189	176	28.3	2.6	719	20(2)	0(0)	04′53″	18	9(50%)	6

<sup>\*</sup>Shirt Number-Name-Distance (x). Highest Figure 2nd and 3rd Highest





# 3. FORMATION

## 1st Half 0-6 mins





0



# 3. FORMATION

## 2nd Half 0-8 mins



# 4.FITNESS

#### 4.1 Player Load





# 4.FITNESS

#### 4.1 Player Load







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# 4. FITNESS

#### 4.2 Movement

1st Half	2nd Half	Full Time		1st Half	2nd Half	Full Time
1634m	2191m	3825m	Distance Covered	1513m	1991m	3504m
0m	80m	80m	Effective Running Distance	40m	61m	101m
0m (0)	0m (0)	0m (0)	High-speed Runs	11m (1)	9m (1)	20m (2)
0m (0)	0m (0)	0m (0)	Sprints	0m (0)	0m (0)	0m (0)







# 4. FITNESS

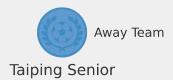
# 4.2 Movement

Distance Covered	High-speed Runs	Sprints	Ranking	Distance Covered	High-speed Runs	Sprints
96-4 P 906m			1	5-Han 725m	9-Fit 20m(2)	
99-1 P 825m			2	9-Fit 719m		
94-6 P 482m			3	1-Ann 706m		
95-5 P 436m			4	4-Beck 479m		
98-2 P 428m			5	7-Haf 327m		
91-9 P 412m			6	8-Raz 320m		
93-7 P 336m			7	2-Ruj 226m		

\*Shirt Number-Name-Distance (x).



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# 4. FITNESS

# 4.3 Individual Stats

Serting Senior												
Name	Time	MHR (bpm)	Avg. HR (bpm)	Physica <b>l</b> Load	Intensity	VO2 Max ml/(kg·min)	Calories (kcal)	Distance Covered (m)	Distance Covered (m/min)	High-speed Runs (m)	Sprints (m)	Avg. Intensive Run Intervals
91-9 Player	12′16″	168	156	15.1	1.2	33.2	148	412	34	0(0)	0(0)	00′00″
93-7 Player	04′54″	194	187	18.2	3.7	41.0	78	336	68	0(0)	0(0)	00′00″
94-6 Player	06′57″	179	169	14.6	2.1	36.2	96	482	69	0(0)	0(0)	00′00″
95-5 Player	07′17″	182	167	14.3	2.0	37.1	22	436	60	0(0)	0(0)	00′00″
96-4 Player	12′16″	190	176	33.0	2.7	39.5	179	906	74	0(0)	0(0)	00′00″
98-2 Player	06′00″	172	155	7.5	1.3	34.1	72	428	71	0(0)	0(0)	00′00″
99-1 Player	11′30″	184	174	27.0	2.3	38.0	163	825	72	0(0)	0(0)	00′00″

<sup>\*</sup>Shirt Number-Name \*High-speed Running/Sprint Distance (x) Highest Figure 2nd and 3rd Highest





# 4. FITNESS

# 4.3 Individual Stats

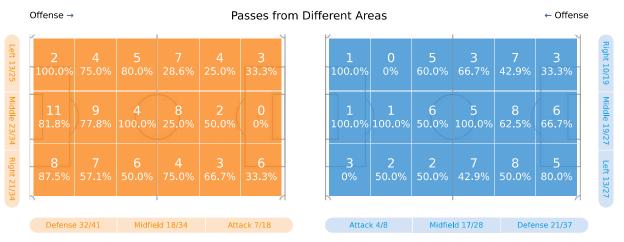
					Tai	iping Ser	nior					
Name	Time	MHR (bpm)	Avg. HR (bpm)	Physica <b>l</b> Load	Intensity	VO2 Max ml/(kg·min)	Calories (kcal)	Distance Covered (m)	Distance Covered (m/min)	High-speed Runs (m)	Sprints (m)	Avg. Intensive Run Intervals
1-Annafi	12′16″	182	167	23.5	1.9	37.1	24	706	58	0(0)	0(0)	00′00″
2-Rujhan	02′55″	177	167	12.9	4.4	35.9	8	226	78	0(0)	0(0)	00′00″
4-Beck	06′53″	190	170	14.4	2.1	39.5	20	479	70	0(0)	0(0)	00′00″
5-Hanif	12′16″	182	160	19.2	1.6	37.4	155	725	59	0(0)	0(0)	00′00″
7-Hafizuddin M.	12′16″	179	153	14.3	1.2	36.5	31	327	27	0(0)	0(0)	00′00″
8-Razif	03′59″	190	180	12.2	3.1	39.5	14	320	80	0(0)	0(0)	00′00″
9-Fitri	10′43″	189	176	28.3	2.6	39.1	155	719	67	20(2)	0(0)	04′53″





# 5. OFFENSE

#### 5.1 Passes



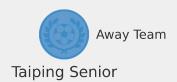
\*Stats in each square: passes (from this area) and pass completion. Stats on the sides: completed passes/total passes.

Passes	Completed Passes	Ranking	Passes	Completed Passes
99-1 P 22	99-1 P 15	1	9-Fit 18	5-Han 13
96-4 P 20	96-4 P 13	2	5-Han 14	9-Fit 9
91-9 P 14	91-9 P 12	3	1-Ann 12	7-Haf 6
94-6 P 13	93-7 P 5	4	4-Beck 10	4-Beck 5
98-2 P 9	94-6 P 5	5	7-Haf 9	1-Ann 4
93-7 P 8	98-2 P 5	6	2-Ruj 7	2-Ruj 3
95-5 P 7	95-5 P 2	7	8-Raz 3	8-Raz 2

\*Shirt Number-Name-Passes or Completed Passes



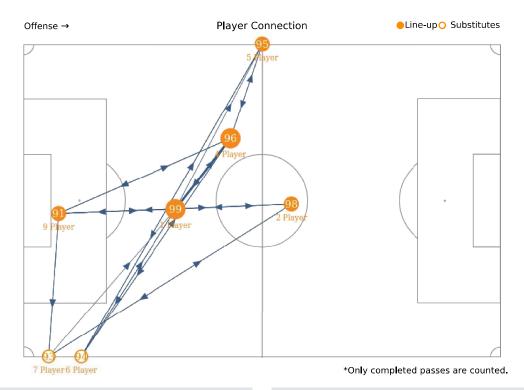
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# 5. OFFENSE

## 5.1 Passes





Passes and Ball-receives between the Players

0<-----<10 10≤-----<20 -----≥20

Individual passes and Ball-receives  $0 \le$  < 20  $20 \le$  < 40  $\ge 40$ 





# 5. OFFENSE

# 5.1 Passes

	Receiver	91	96	99	95	94	98	93	0	
Pa	sser	9 Player	4 Player	1 Player	5 Player	6 Player	2 Player	7 Player	Completed	Total
91	9 Pla		5	3		1	1	2	12	14
96	4 Pla	1		6	2	4			13	20
99	1 P <b>l</b> a	3	5		2	3	2		15	22
95	5 Pla		1			1			2	7
94	6 Pla		2	1	2				5	13
98	2 Pla	1		2		1		1	5	9
93	7 Pla			2			3		5	8
С	ompleted	5	13	14	6	10	6	3		



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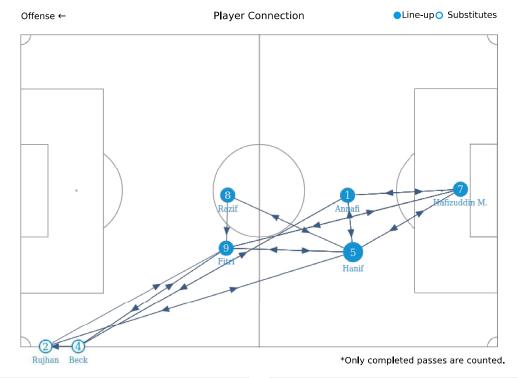
0



# 5. OFFENSE

## 5.1 Passes

Taiping Senior



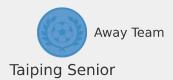
Passes and Ball-receives between the Players

0< ---- <10 10≤ ---- <20 ---- ≥20

Individual passes and Ball-receives  $0 \le \bigcirc <20 \quad 20 \le \bigcirc <40 \quad \ge 40$ 



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# 5. OFFENSE

# 5.1 Passes

	Receiver	1	5	7	9	4	8	2	Q	
Pa	esser	Annafi	Hanif	Hafiz	Fitri	Beck	Razif	Rujhan	Completed	Total
1	Annafi		2	1		1			4	12
5	Hanif	5		2	3	1	1	1	13	14
7	Hafiz	1	2		3				6	9
9	Fitri	1	4	2		2			9	18
4	Beck	1		1	2			1	5	10
8	Razif		1		1				2	3
2	Rujhan		2		1				3	7
С	ompleted	8	11	6	10	4	1	2		

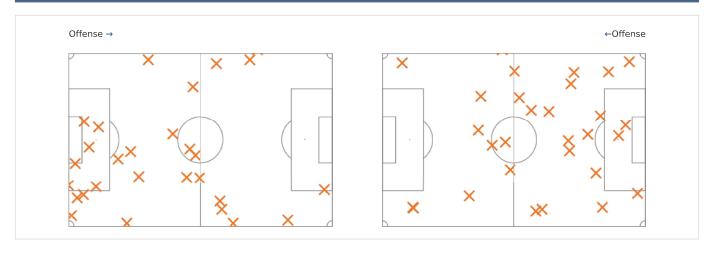


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# 6. DEFENSE

# 6.1 Interceptions



Interceptions	Ranking	Interceptions	
99 - 1 P 7	1	9 - Fit 6	
91 - 9 P 5	2	4 - Beck 5	
93 - 7 P 4	3	5 - Han 5	
94 - 6 P 4	4	1 - Ann 4	
96 - 4 P 4	5	2 - Ruj 3	
95 - 5 P 3	6	7 - Haf 3	
98 - 2 P 1	7	8 - Raz 3	

\*Shirt Number-Name-Interceptions



# **91-9 Player** (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	12′16″

#### 7.1 Overview

#### Fitness Stats

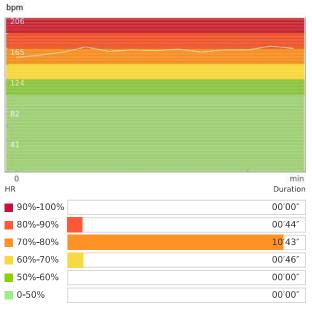
Metrics	Stats	Ranking
MHR (bpm)	168	7
Avg. HR (bpm)	156	6
Physical Load	15.1	4
Intensity	1.2	7
VO2 Max (ml/(kg.min))	33.2	7
Distance Covered (m)	412	6
Effective Running Distance (m)	0	-
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	17	4
Passes	14	3
Pass Completion	85.7%	1
Passes Forward	10	1
Pass Completion (forward)	90.0%	2
Passes Forward (%)	71.4%	1
Interceptions	5	2
Possession Time	00′39″	1
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

#### 7.2 Fitness Stats

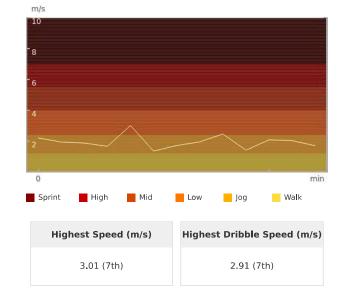
## HR-Time



Physical Load	15.1
1st Half	5.8
2nd Half	9.3

# Calories (kcal) 148.0 1st Half 61.0 2nd Half 87.0

## Speed-Time

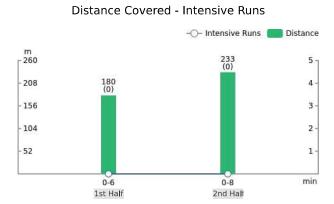




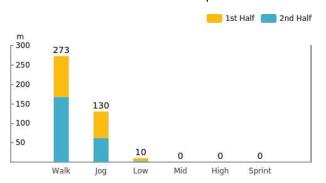
# **91-9 Player** (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	12′16″

#### 7.2 Fitness Stats



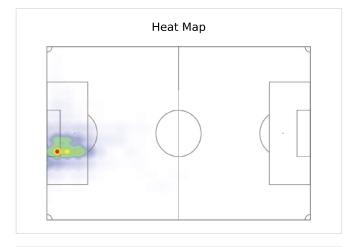
## Distance Covered - Speed

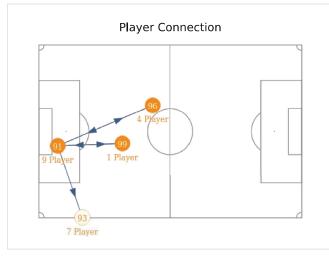


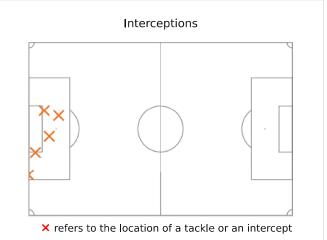
#### 7.3 Technical and Tactical Performance

Offense →





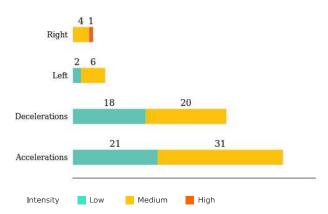






## 7.3 Technical and Tactical Performance

## Inertance Movement Analysis





# **93-7 Player** (Serting Senior)

Age	Position	Heiaht	Weiaht	BHR	History MHR	Time
,		3	_	7.0	200	
-	-	-	-	70	206	04′54″

#### 7.1 Overview

#### Fitness Stats

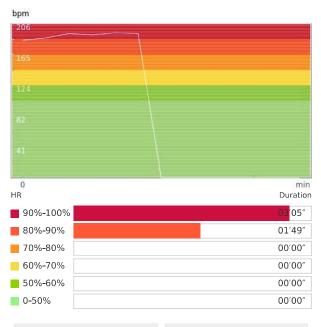
Metrics	Stats	Ranking
MHR (bpm)	194	1
Avg. HR (bpm)	187	1
Physical Load	18.2	3
Intensity	3.7	1
VO2 Max (ml/(kg.min))	41.0	1
Distance Covered (m)	336	7
Effective Running Distance (m)	0	-
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	14	6
Passes	8	6
Pass Completion	62.5%	4
Passes Forward	2	3
Pass Completion (forward)	50.0%	4
Passes Forward (%)	25.0%	5
Interceptions	4	3
Possession Time	00′34″	3
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

## 7.2 Fitness Stats

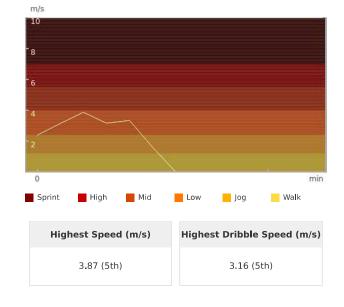
## HR-Time



Physical Load	18.2
1st Half	18.2
2nd Half	0

# Calories (kcal) 78.0 1st Half 78.0 2nd Half 0

## Speed-Time



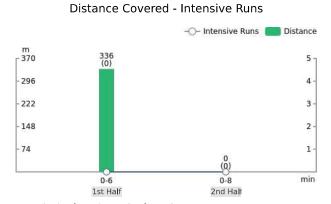


## 93-7 Player (Serting Senior)

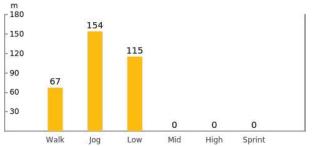
 Age
 Position
 Height
 Weight
 BHR
 History MHR
 Time

 70
 206
 04′54″

#### 7.2 Fitness Stats



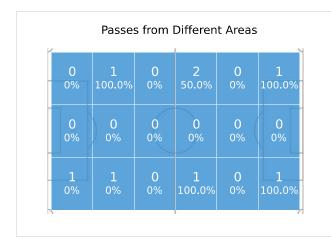
# 1st Half 2nd Half

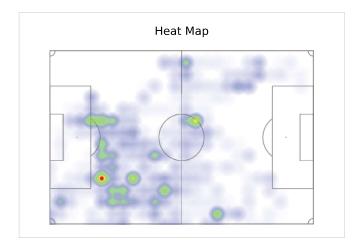


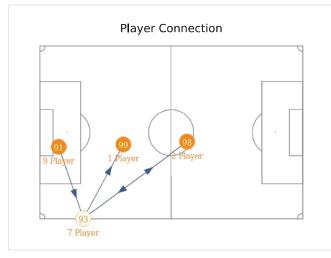
Distance Covered - Speed

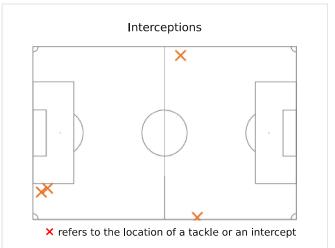
#### 7.3 Technical and Tactical Performance

Offense →





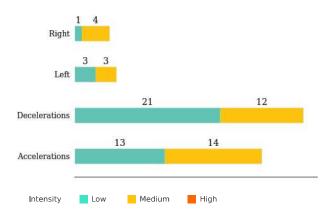






## 7.3 Technical and Tactical Performance

## Inertance Movement Analysis





# **94-6 Player** (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	06′57″

#### 7.1 Overview

#### Fitness Stats

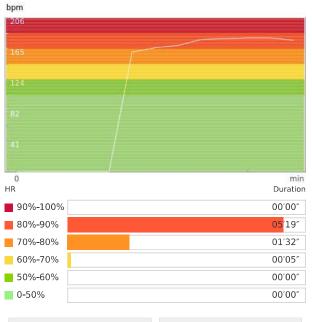
Metrics	Stats	Ranking
MHR (bpm)	179	5
Avg. HR (bpm)	169	4
Physical Load	14.6	5
Intensity	2.1	4
VO2 Max (ml/(kg.min))	36.2	5
Distance Covered (m)	482	3
Effective Running Distance (m)	18	3
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	20	3
Passes	13	4
Pass Completion	38.5%	6
Passes Forward	1	4
Pass Completion (forward)	100.0%	1
Passes Forward (%)	7.7%	7
Interceptions	4	3
Possession Time	00′22″	5
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

#### 7.2 Fitness Stats

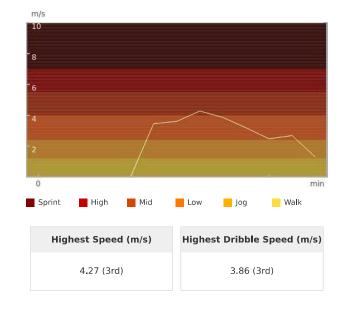
## HR-Time



# Physical Load 14.6 1st Half 0 2nd Half 14.6

# Calories (kcal) 96.0 1st Half 0 2nd Half 96.0

## Speed-Time

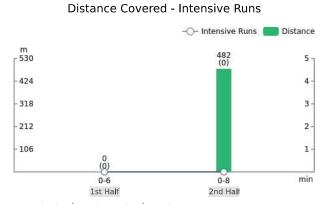




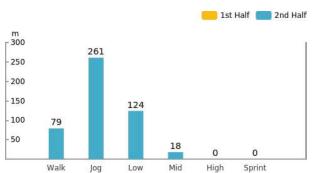
# 94-6 Player (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	06′57″

#### 7.2 Fitness Stats



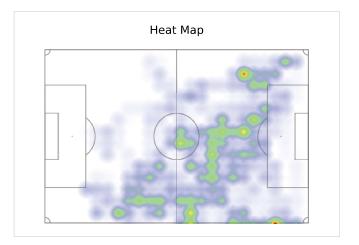
# Distance Covered - Speed

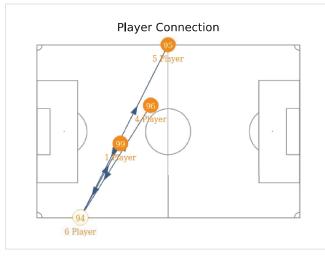


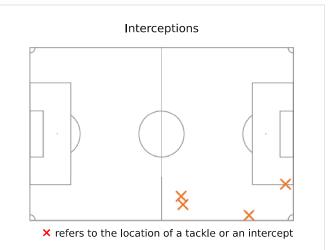
# 7.3 Technical and Tactical Performance

Offense →





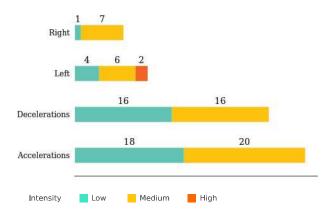






## 7.3 Technical and Tactical Performance

## Inertance Movement Analysis





# **95-5 Player** (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	07′17″

#### 7.1 Overview

#### Fitness Stats

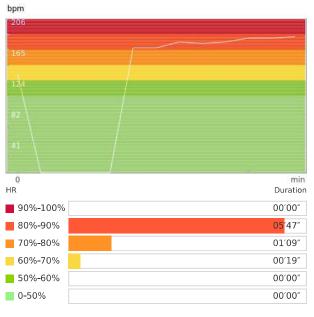
Metrics	Stats	Ranking
MHR (bpm)	182	4
Avg. HR (bpm)	167	5
Physical Load	14.3	6
Intensity	2.0	5
VO2 Max (ml/(kg.min))	37.1	4
Distance Covered (m)	436	4
Effective Running Distance (m)	44	1
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	15	5
Passes	7	7
Pass Completion	28.6%	7
Passes Forward	4	2
Pass Completion (forward)	25.0%	6
Passes Forward (%)	57.1%	2
Interceptions	3	4
Possession Time	00′15″	6
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

## 7.2 Fitness Stats

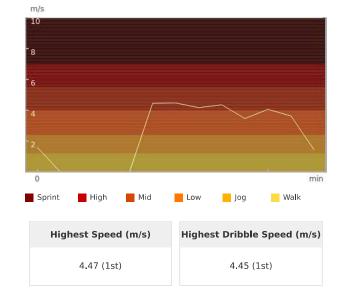
## HR-Time



Physical Load	14.3
1st Half	0.1
2nd Half	14.2

# Calories (kcal) 22.0 1st Half 0 2nd Half 22.0

## Speed-Time

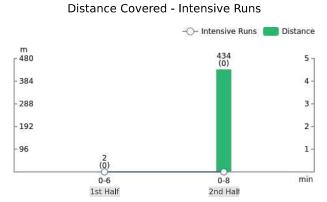




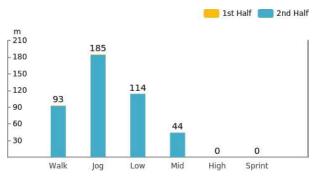
# **95-5 Player** (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	07′17″

#### 7.2 Fitness Stats



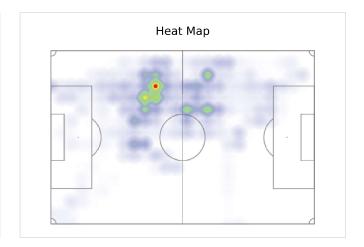
# Distance Covered - Speed

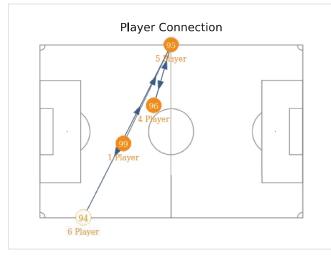


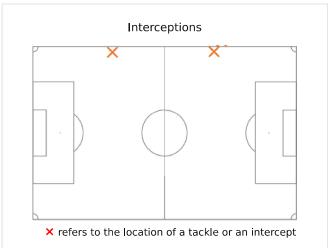
# 7.3 Technical and Tactical Performance

Offense →





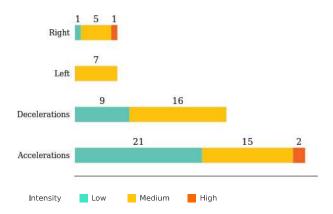






## 7.3 Technical and Tactical Performance

## Inertance Movement Analysis





# **96-4 Player** (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
3			,	70	206	12′16″
-	<del>-</del>	-	-	/0	200	12 10

#### 7.1 Overview

#### Fitness Stats

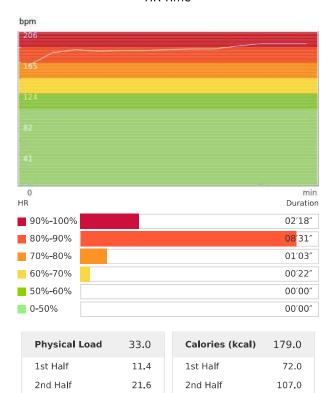
Metrics	Stats	Ranking
MHR (bpm)	190	2
Avg. HR (bpm)	176	2
Physical Load	33.0	1
Intensity	2.7	2
VO2 Max (ml/(kg.min))	39.5	2
Distance Covered (m)	906	1
Effective Running Distance (m)	0	-
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

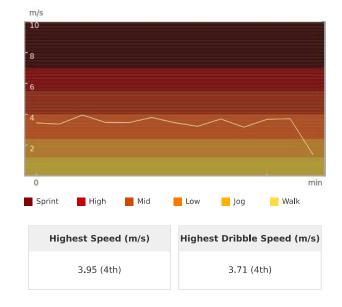
#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	30	1
Passes	20	2
Pass Completion	65.0%	3
Passes Forward	10	1
Pass Completion (forward)	40.0%	5
Passes Forward (%)	50.0%	3
Interceptions	4	3
Possession Time	00′28″	4
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

#### 7.2 Fitness Stats

# HR-Time



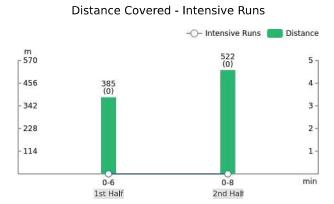




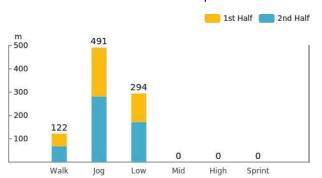
# **96-4 Player** (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	12′16″

#### 7.2 Fitness Stats

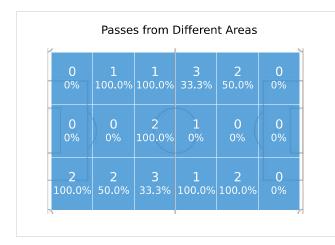


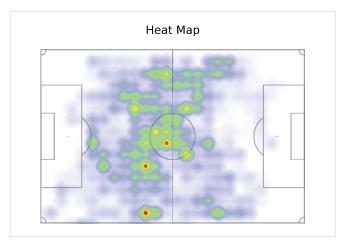
## Distance Covered - Speed

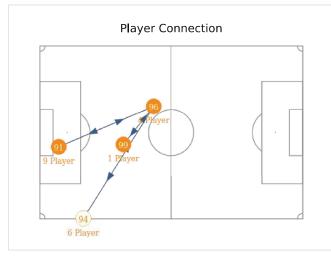


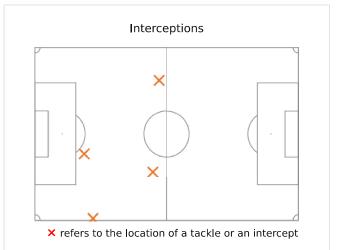
#### 7.3 Technical and Tactical Performance

Offense →



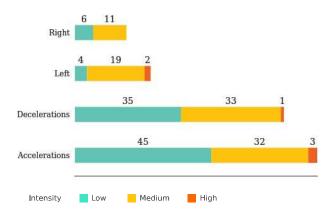








## 7.3 Technical and Tactical Performance





# 98-2 Player (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	06′00″

#### 7.1 Overview

#### Fitness Stats

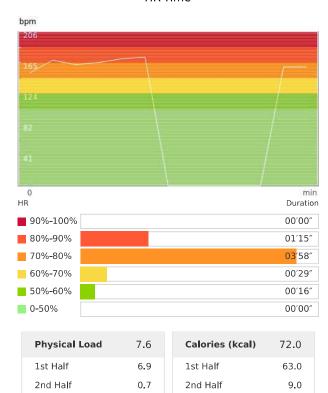
Metrics	Stats	Ranking
MHR (bpm)	172	6
Avg. HR (bpm)	155	7
Physical Load	7.5	7
Intensity	1.3	6
VO2 Max (ml/(kg.min))	34.1	6
Distance Covered (m)	428	5
Effective Running Distance (m)	0	=
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	=
Avg. Intensive Run Intervals	-	-

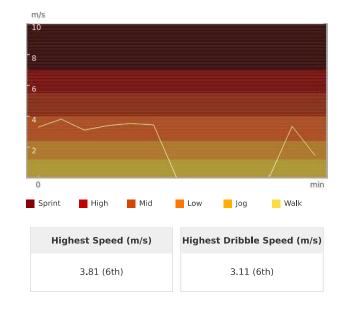
#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	17	4
Passes	9	5
Pass Completion	55.6%	5
Passes Forward	2	3
Pass Completion (forward)	50.0%	4
Passes Forward (%)	22.2%	6
Interceptions	1	5
Possession Time	00′12″	7
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

#### 7.2 Fitness Stats

# HR-Time



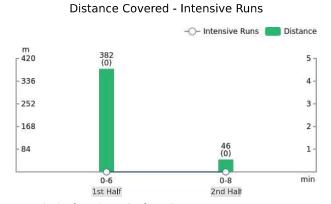




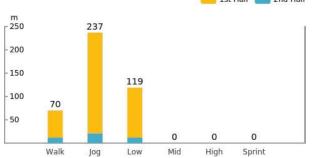
# 98-2 Player (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	06′00″

#### 7.2 Fitness Stats

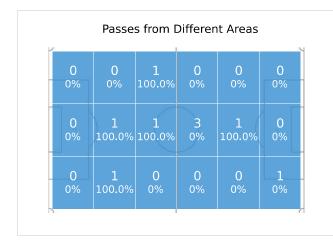


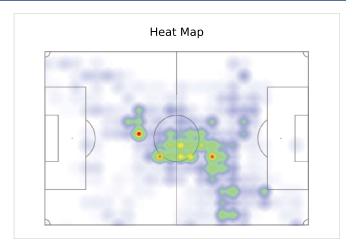
# Distance Covered - Speed 1st Half 2nd Half

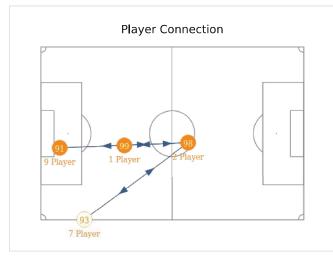


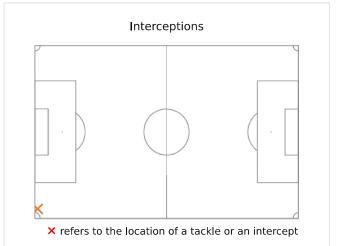
#### 7.3 Technical and Tactical Performance

Offense →



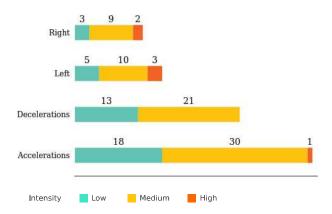








## 7.3 Technical and Tactical Performance





# **99-1 Player** (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	11′30″

#### 7.1 Overview

#### Fitness Stats

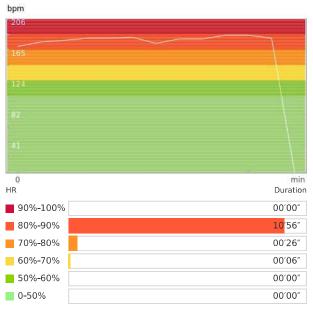
Metrics	Stats	Ranking
MHR (bpm)	184	3
Avg. HR (bpm)	174	3
Physical Load	27.0	2
Intensity	2.3	3
VO2 Max (ml/(kg.min))	38.0	3
Distance Covered (m)	825	2
Effective Running Distance (m)	18	2
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	29	2
Passes	22	1
Pass Completion	68.2%	2
Passes Forward	10	1
Pass Completion (forward)	70.0%	3
Passes Forward (%)	45.5%	4
Interceptions	7	1
Possession Time	00′35″	2
Goal	0	-
Assist	0	-
Yellow Card	0	=
Red Card	0	-

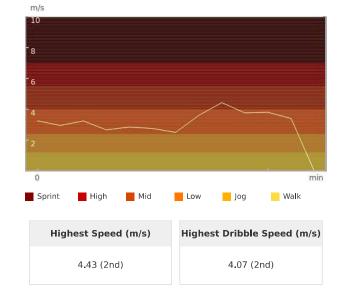
#### 7.2 Fitness Stats

# HR-Time



Physical Load	27.0
1st Half	11.6
2nd Half	15.4

# Calories (kcal) 163.0 1st Half 72.0 2nd Half 91.0

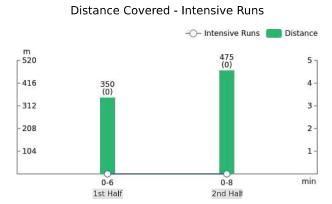




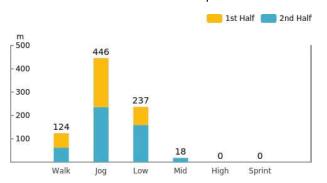
# **99-1 Player** (Serting Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	11′30″

#### 7.2 Fitness Stats

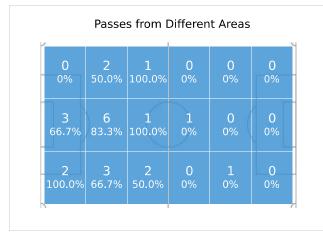


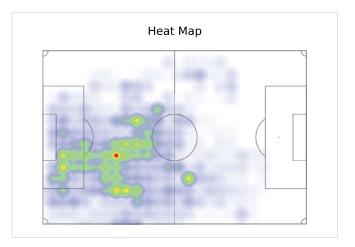
## Distance Covered - Speed

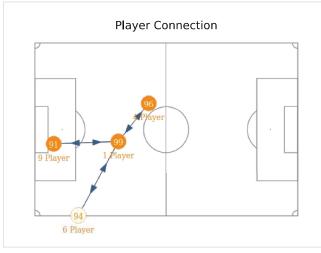


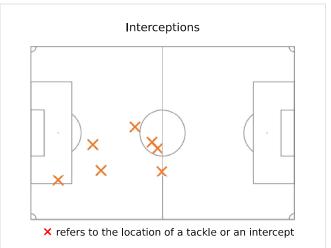
#### 7.3 Technical and Tactical Performance

Offense →



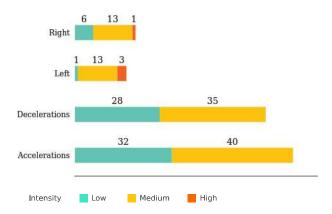








## 7.3 Technical and Tactical Performance





# **1-Annafi** (Taiping Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
41	-	163cm	63KG	70	206	12′16″

#### 7.1 Overview

#### **Fitness Stats**

Metrics	Stats	Ranking
MHR (bpm)	182	3
Avg. HR (bpm)	167	4
Physical Load	23.5	2
Intensity	1.9	5
VO2 Max (ml/(kg.min))	37.1	4
Distance Covered (m)	706	3
Effective Running Distance (m)	0	-
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

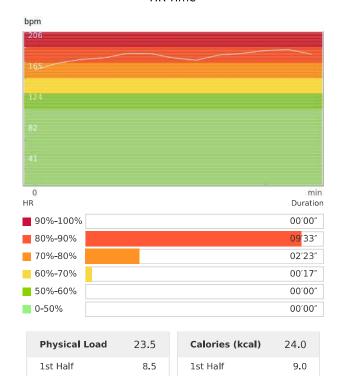
#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	17	4
Passes	12	3
Pass Completion	33.3%	5
Passes Forward	1	3
Pass Completion (forward)	100.0%	1
Passes Forward (%)	8.3%	4
Interceptions	4	3
Possession Time	00′09″	6
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

#### 7.2 Fitness Stats

2nd Half

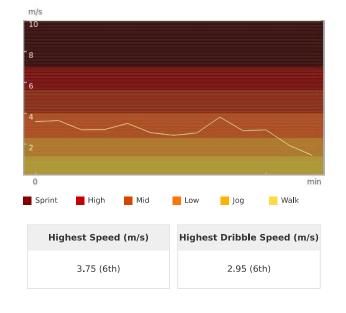
# HR-Time



15.0

2nd Half

## Speed-Time



15.0

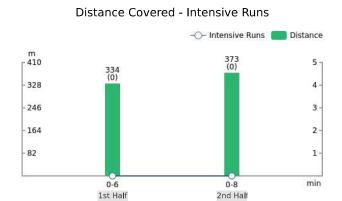


#### **1-Annafi** (Taiping Senior)

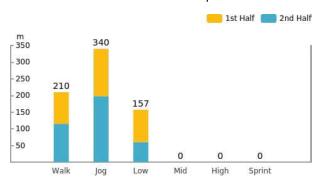
 Age
 Position
 Height
 Weight
 BHR
 History MHR
 Time

 41
 163cm
 63KG
 70
 206
 12′16″

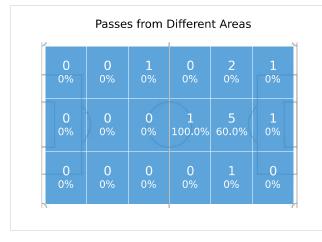
#### 7.2 Fitness Stats

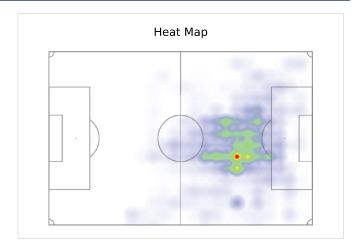


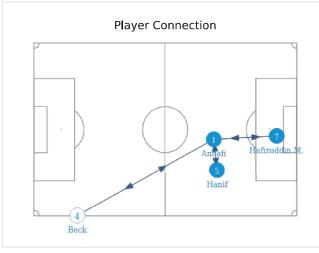
## Distance Covered - Speed

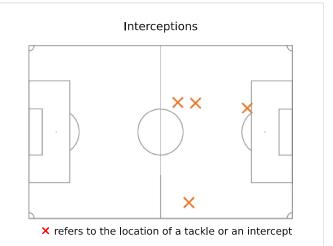


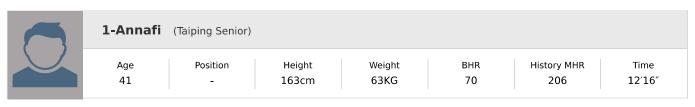
#### 7.3 Technical and Tactical Performance



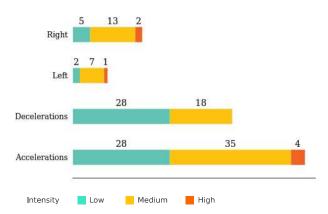








# 7.3 Technical and Tactical Performance





## **2-Rujhan** (Taiping Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
35	-	166cm	65KG	70	206	02′55″

#### 7.1 Overview

#### Fitness Stats

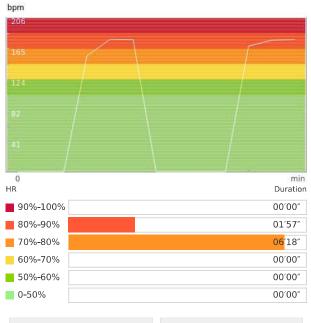
Metrics	Stats	Ranking
MHR (bpm)	177	5
Avg. HR (bpm)	167	4
Physical Load	12.9	6
Intensity	4.4	1
VO2 Max (ml/(kg.min))	35.9	6
Distance Covered (m)	226	7
Effective Running Distance (m)	23	2
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

# Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	9	6
Passes	7	6
Pass Completion	42.9%	4
Passes Forward	1	3
Pass Completion (forward)	100.0%	1
Passes Forward (%)	14.3%	3
Interceptions	3	4
Possession Time	00′14″	3
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

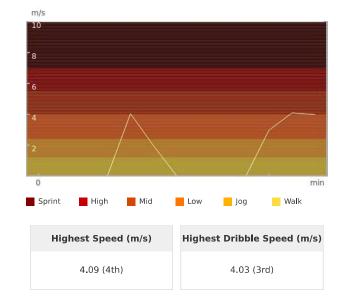
#### 7.2 Fitness Stats

# HR-Time



Physical Load	12.8
1st Half	2.0
2nd Half	10.8

# Calories (kcal)8.01st Half3.02nd Half5.0

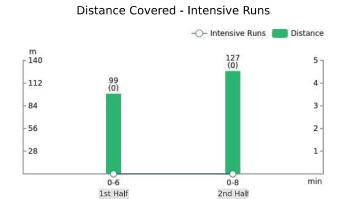




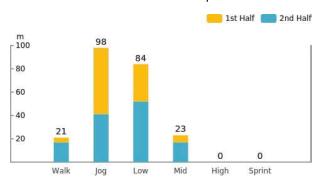
# 2-Rujhan (Taiping Senior)

Λαο	Position	Height	Weight	BHR	History MHR	Time
Age	POSICION	, ,	3		,	
35	-	166cm	65KG	70	206	02′55″

#### 7.2 Fitness Stats

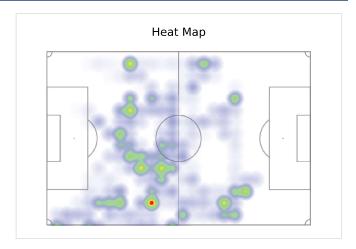


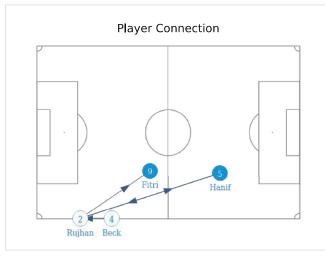
## Distance Covered - Speed

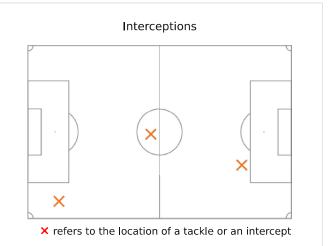


#### 7.3 Technical and Tactical Performance



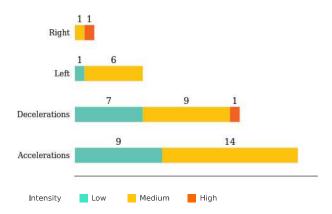








# 7.3 Technical and Tactical Performance





# **4-Beck** (Taiping Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
35	-	179cm	68KG	70	206	06′53″

#### 7.1 Overview

#### **Fitness Stats**

Metrics	Stats	Ranking
MHR (bpm)	190	1
Avg. HR (bpm)	170	3
Physical Load	14.4	4
Intensity	2.1	4
VO2 Max (ml/(kg.min))	39.5	1
Distance Covered (m)	479	4
Effective Running Distance (m)	12	4
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

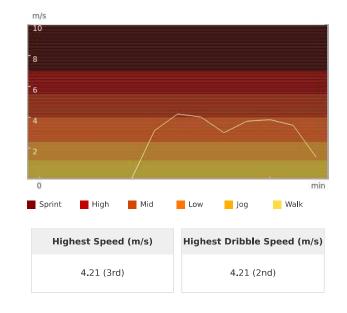
#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	20	3
Passes	10	4
Pass Completion	50.0%	3
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	5	2
Possession Time	00′10″	5
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

# 7.2 Fitness Stats

# HR-Time



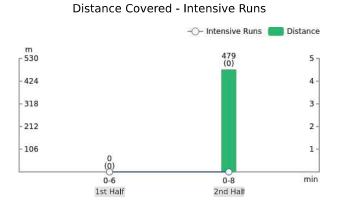




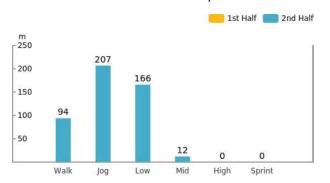
#### 4-Beck (Taiping Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
35	_	179cm	68KG	70	206	06′53″
	1					

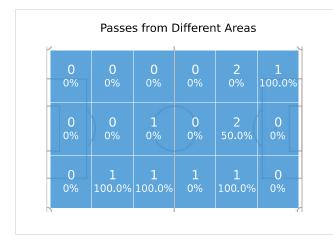
#### 7.2 Fitness Stats

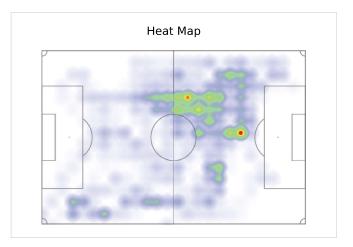


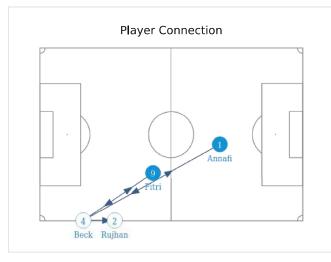
## Distance Covered - Speed

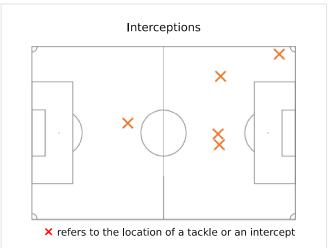


# 7.3 Technical and Tactical Performance



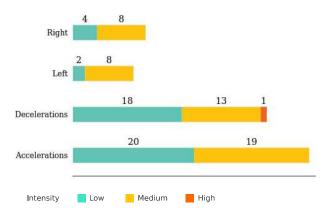








# 7.3 Technical and Tactical Performance





# **5-Hanif** (Taiping Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
35	-	168cm	80KG	70	206	12′16″

#### 7.1 Overview

#### **Fitness Stats**

Metrics	Stats	Ranking
MHR (bpm)	182	3
Avg. HR (bpm)	160	5
Physical Load	19.2	3
Intensity	1.6	6
VO2 Max (ml/(kg.min))	37.4	3
Distance Covered (m)	725	1
Effective Running Distance (m)	0	-
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

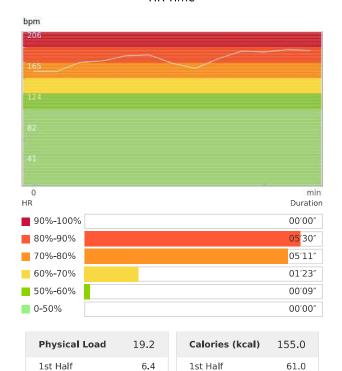
#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	25	2
Passes	14	2
Pass Completion	92.9%	1
Passes Forward	4	2
Pass Completion (forward)	75.0%	2
Passes Forward (%)	28.6%	2
Interceptions	5	2
Possession Time	00′12″	4
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

#### 7.2 Fitness Stats

2nd Half

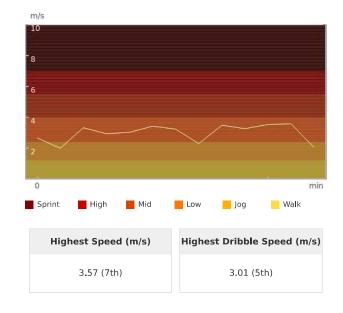
# HR-Time



12.8

2nd Half

## Speed-Time



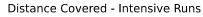
94.0



# **5-Hanif** (Taiping Senior)

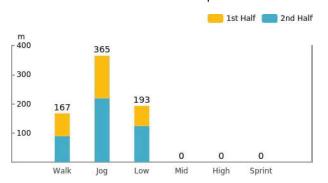
Age	Position	Height	Weight	BHR	History MHR	Time
35	-	168cm	80KG	70	206	12′16″

#### 7.2 Fitness Stats

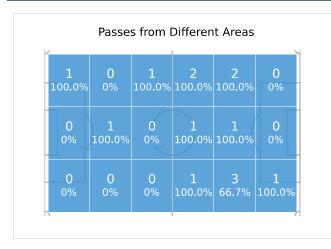


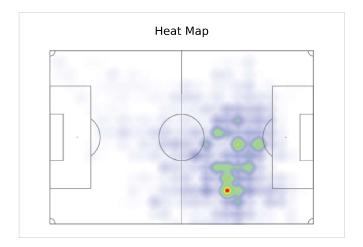


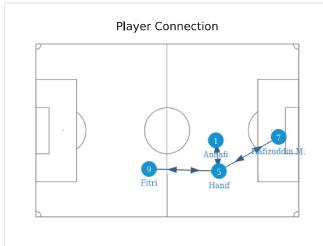
## Distance Covered - Speed

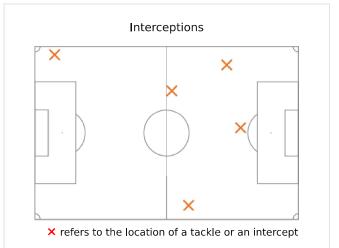


#### 7.3 Technical and Tactical Performance



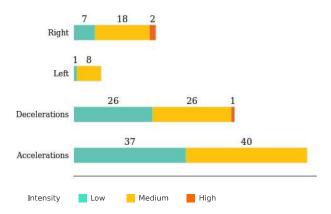








# 7.3 Technical and Tactical Performance





# 7-Hafizuddin M. (Taiping Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
35	<del>-</del>	172cm	94KG	70	206	12′16″

#### 7.1 Overview

#### **Fitness Stats**

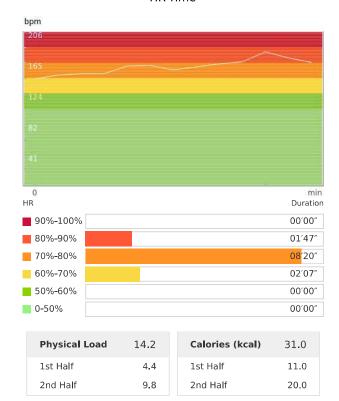
Metrics	Stats	Ranking
MHR (bpm)	179	4
Avg. HR (bpm)	153	6
Physical Load	14.3	5
Intensity	1.2	7
VO2 Max (ml/(kg.min))	36.5	5
Distance Covered (m)	327	5
Effective Running Distance (m)	0	-
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-
Avg. Intensive Run Intervals	-	-

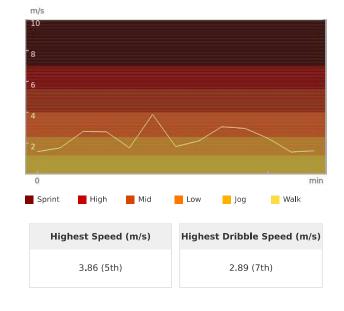
#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	15	5
Passes	9	5
Pass Completion	66.7%	2
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	3	4
Possession Time	00′19″	2
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

#### 7.2 Fitness Stats

# HR-Time



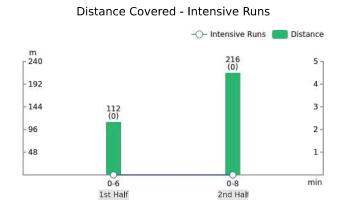




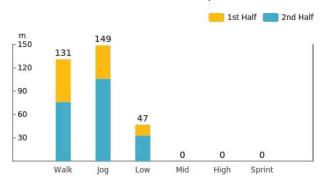
## 7-Hafizuddin M. (Taiping Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
35	-	172cm	94KG	70	206	12′16″

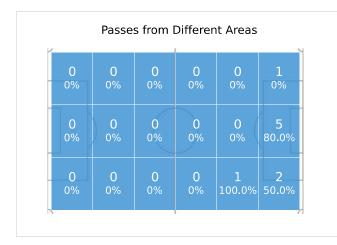
#### 7.2 Fitness Stats

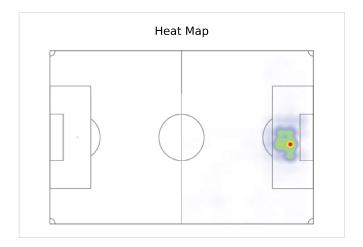


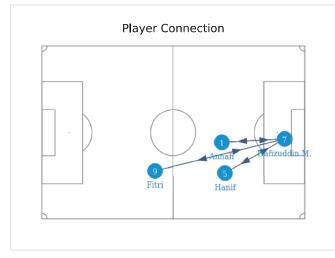
## Distance Covered - Speed

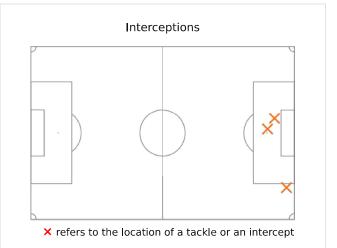


#### 7.3 Technical and Tactical Performance





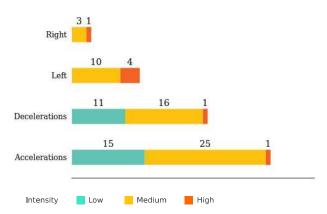






Age	Position	Height	Weight	BHR	History MHR	Time
35	_	172cm	94KG	70	206	12′16″

# 7.3 Technical and Tactical Performance





# 8-Razif (Taiping Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
35	-	160cm	70KG	70	206	03′59″

#### 7.1 Overview

#### Fitness Stats

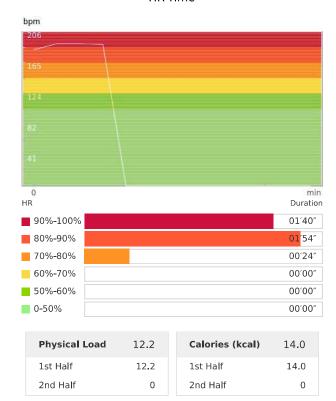
Metrics	Stats	Ranking
MHR (bpm)	190	1
Avg. HR (bpm)	180	1
Physical Load	12.2	7
Intensity	3.1	2
VO2 Max (ml/(kg.min))	39.5	1
Distance Covered (m)	320	6
Effective Running Distance (m)	12	3
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

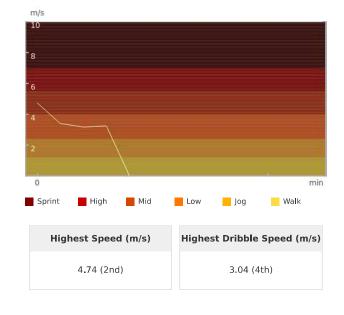
#### Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	6	7
Passes	3	7
Pass Completion	66.7%	2
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	3	4
Possession Time	00′04″	7
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

#### 7.2 Fitness Stats

# HR-Time



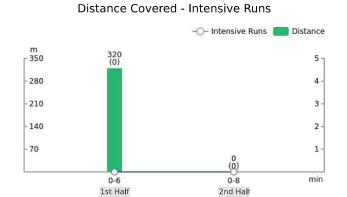




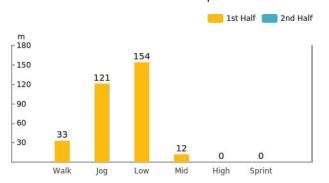
#### 8-Razif (Taiping Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
35	-	160cm	70KG	70	206	03′59″

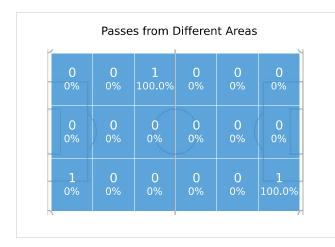
#### 7.2 Fitness Stats

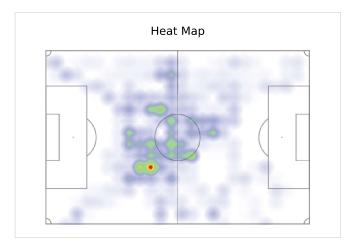


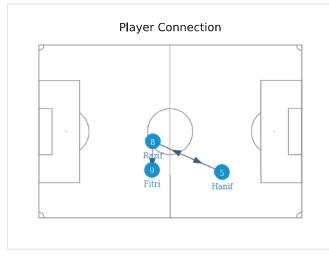
## Distance Covered - Speed

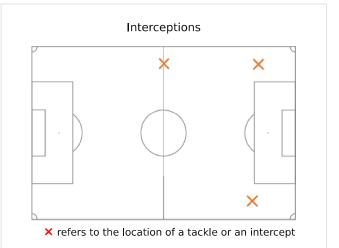


#### 7.3 Technical and Tactical Performance



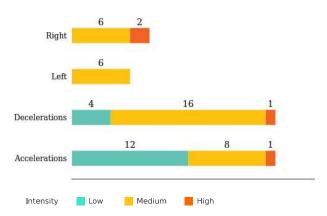








# 7.3 Technical and Tactical Performance





# **9-Fitri** (Taiping Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
35	-	168cm	70KG	70	206	10′43″

#### 7.1 Overview

#### Fitness Stats

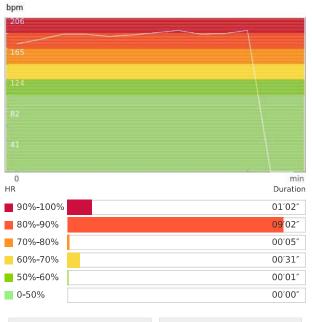
Metrics	Stats	Ranking
MHR (bpm)	189	2
Avg. HR (bpm)	176	2
Physical Load	28.3	1
Intensity	2.6	3
VO2 Max (ml/(kg.min))	39.1	2
Distance Covered (m)	719	2
Effective Running Distance (m)	54	1
High-speed Running Distance (m)	20	1
High-speed Runs	2	1
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	04′53″	1

## Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	28	1
Passes	18	1
Pass Completion	50.0%	3
Passes Forward	7	1
Pass Completion (forward)	71.4%	3
Passes Forward (%)	38.9%	1
Interceptions	6	1
Possession Time	00′27″	1
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

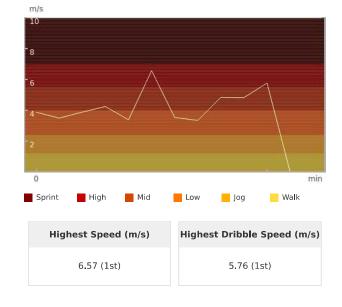
#### 7.2 Fitness Stats

# HR-Time



Physical Load	28.4	Calories (kcal)	155.0
1st Half	11.7	1st Half	72.0
2nd Half	16.7	2nd Half	83.0

## Speed-Time

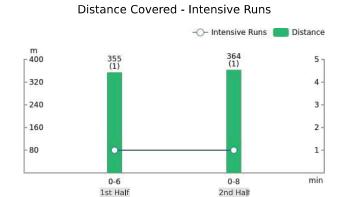




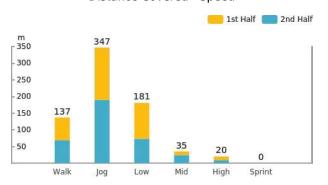
#### **9-Fitri** (Taiping Senior)

Age	Position	Height	Weight	BHR	History MHR	Time
		, ,	9		,	
35	-	168cm	70KG	70	206	10′43″

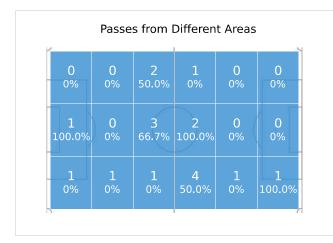
#### 7.2 Fitness Stats

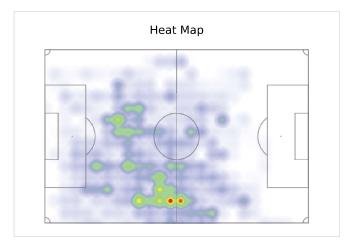


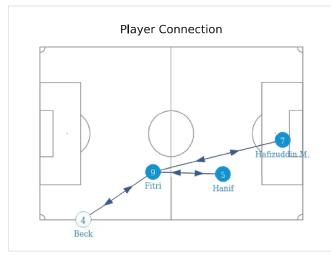
## Distance Covered - Speed

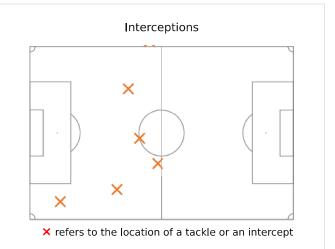


#### 7.3 Technical and Tactical Performance











# 7.3 Technical and Tactical Performance

