



Jasin Open Player List

Name In System	Player Name
1 Player	Darwish Iskandar
2 Player	Afiq Adha
3 Player	Imran Shafiq
4 Player	Muhammad Adli
5 player	Haiqal Lupiamir
6 Player	Arif fadzil
7 Player	Khairul Annas
8 Player	Ahmad Afiq Zaini
9 Player	Syafiuddin
10 Player	Thaqib Rozeland
11 Player	Haziq Hazwan
12 Player	Iskandar Nazreen
13 Player	Shahrul Hazim
14 Player	Amirul Asyraf
15 Player	Syabil Irfan





Lenggong Open Player List

Name In System	Player Name
1 Player	Luqman Abdullah
2 Player	Syahmi Al-naqim
3 Player	Ahmad Syam Syafiq
4 Player	Razin Radzali
5 player	Muhammad Asyraf
6 Player	Ifzarul Arif
7 Player	Ahmad Azzaril
8 Player	Ilham Amin
9 Player	Akid Shahmi
10 Player	Farhan Saudian
11 Player	Izzuddin Noh
12 Player	Izzad Irfan
13 Player	Amirul Adha
14 Player	Azamuddin Anuar
15 Player	Fakhrurrazzi



Line-up

Shirt No.	Name	Sub Off	Shirt No.	Name	Sub Off
91	9 Player		91	9 Player	▼ 14′20″
92	8 Player	00'10″	92	8 Player	
93	7 Player		93	7 Player	▼ 00′10″
94	6 Player		94	6 Player	▼ 11′26″
95	5 Player	▼ 06′09″	95	5 Player	▼ 00′19″
96	4 Player	▼ 00′10″	96	4 Player	▼ 05′00″
97	3 Player		97	3 Player	▼ 00′10″
98	2 Player	▼ 10′48″	98	2 Player	▼ 06′35″
99	1 Player	▼ 00′10″	99	1 Player	▼ 00′10″

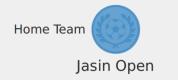
Substitutes

Shirt No.	Name	Sub On	Sub Off	
85	15 Player	▲ 07′38″	V 13′01″	
87	13 Player	▲ 00′10″	V 07′38″	
88	12 Player	▲ 00′10″	V 11′26″	
90	10 Player	▲ 00′10″		

Shirt No.	Name	Sub On	Sub Off
85	15 Player	▲ 00′10″	V 10′48″
86	14 Player	▲ 00′10″	
87	13 Player	▲ 00′10″	▼ 06′55″
88	12 Player	▲ 00′10″	▼ 00′19″
89	11 Player	▲ 06′35″	▼ 06′49″
90	10 Player	4 04′55″	

Action Zones

Defense-16%	MidField-60%	% Attack-24%
34% Left		48% Right
52% Middle	\bigcirc	18% Middle
14% Right		34% Left
Attack-49%	MidField-29%	% Defense-22%



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Away Team Lenggong Open

Fitness Stats

1st Half	2nd Half	Full Time		1st Half	2nd Half	Full Time
141.4	146.1	287.5	Physical Load	172.3	166.4	338.7
19.1	20.1	19.6	Intensity	23.2	22.9	23.1
6234m	5730m	11964m	Distance Covered	6114m	5764m	11878m
1849m	1401m	3250m	Effective Running Distance	1533m	1420m	2953m
593m (33)	324m (20)	917m (53)	High-speed Runs	278m (17)	397m (20)	675m (37)
45m (2)	11m (1)	56m (3)	Sprints	23m (2)	19m (1)	42m (3)

Technical and Tactical Performance

1st Hal	f 2nd Half	Full Time		1st Half	2nd Half	Full Time
3	2	5	Shots	0	2	2
0	0	0	On-target Shots	0	1	1
0	0	0	Goals	0	0	0
0	0	0	Corners	0	0	0
0	0	0	Free-kicks	0	0	0
63%	64%	63%	Possession	37%	36%	37%
00′56″	00′43″	01′39″	Possession Time	00′50″	00′50″	01′40″
32	25	57	Passes	22	20	42
75%	64%	70%	Pass Completion	64%	45%	55%
7	6	13	Interceptions	7	3	10
0	0	0	Yellow Card	0	0	0
0	0	0	Red Card	0	0	0

Away Team

Lenggong Open



Individual Stats

					(C	Jasin	Open					
Name	Time	MHR (bpm)	Avg. HR (bpm)	Physical Load	Intensity	Distance Covered (m)	High-speed Running Distance (m)	Sprint Distance (m)	Avg. Intensive Run Intervals	Passes	Completed Passes	Interceptions
85-15 Player	05′22″	174	159	8.0	1.5	535	77(4)	0(0)	01′09″	2	1(50%)	0
87-13 Player	10′13″	195	162	19.3	1.9	1139	113(8)	0(0)	01′45″	5	4(80%)	2
88-12 Player	14′14″	204	186	52.3	3.7	1146	79(3)	0(0)	02′01″	9	8(89%)	2
90-10 Player	14′31″	191	170	30.9	2.1	1815	139(7)	0(0)	01′43″	8	4(50%)	0
91-9 Player	14′41″	185	166	26.6	1.8	1335	94(5)	0(0)	03′20″	6	4(67%)	0
92-8 Player	00′10″	143	141	0.1	0.7	2	0(0)	0(0)	00′00″	0	0(0%)	0
93-7 Player	14′41″	195	181	45.8	3.1	1626	127(9)	46(2)	00′56″	8	4(50%)	1
94-6 Player	14′41″	179	109	9.8	0.7	1229	95(6)	0(0)	01′37″	6	4(67%)	2
95-5 Player	06′09″	199	174	15.5	2.5	679	56(4)	11(1)	00′51″	3	1(33%)	1
96-4 Player	00′10″	•	-	-	-	0	0(0)	0(0)	00′00″	0	0(0%)	0
97-3 Player	14′41″	190	166	27.5	1.9	1176	36(2)	0(0)	01′31″	2	2(100%)	2
98-2 Player	12′19″	186	153	22.2	1.8	295	0(0)	0(0)	00′00″	2	2(100%)	1
99-1 Player	08′42″	192	177	29.4	3.4	985	101(5)	0(0)	01′57″	6	6(100%)	2

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*Shirt Number-Name-Distance (x). Highest Figure

2nd and 3rd Highest

Individual Stats

						Lenggo	ng Open					
Name	Time	MHR (bpm)	Avg. HR (bpm)	Physical Load	Intensity	Distance Covered (m)	High-speed Running Distance (m)	Sprint Distance (m)	Avg. Intensive Run Intervals	Passes	Completed Passes	Interceptions
85-15 Player	10′37″	183	165	19.0	1.8	1123	102(7)	23(2)	01′07″	5	4(80%)	1
86-14 Player	14′31″	189	169	29.6	2.0	1383	30(1)	19(1)	00′08″	5	1(20%)	2
87-13 Player	06′44″	189	175	17.6	2.6	780	0(0)	0(0)	00′00″	3	1(33%)	0
88-12 Player	07′19″	179	167	17.8	2.4	510	0(0)	0(0)	00′00″	2	1(50%)	0
89-11 Player	03′38″	157	121	1.2	0.3	364	45(2)	0(0)	03′00″	2	1(50%)	0
90-10 Player	09′46″	186	165	16.9	1.7	240	0(0)	0(0)	00′00″	1	1(100%)	1
91-9 Player	14′20″	193	176	37.5	2.6	1257	88(5)	0(0)	02′58″	5	4(80%)	0
92-8 Player	14′41″	189	173	34.8	2.4	1249	18(1)	0(0)	00′00″	3	1(33%)	2
93-7 Player	03′35″	200	184	13.2	3.7	391	38(2)	0(0)	01′58″	0	0(0%)	0
94-6 Player	11′25″	194	170	25.1	2.2	1416	146(6)	0(0)	01′37″	2	1(50%)	0
95-5 Player	07′02″	198	183	25.8	3.7	815	9(1)	0(0)	00′00″	6	2(33%)	1
96-4 Player	04′59″	187	173	11.3	2.3	364	0(0)	0(0)	00′00″	1	1(100%)	1
97-3 Player	01′30″	188	165	25.3	16.9	100	0(0)	0(0)	00′00″	0	0(0%)	0
98-2 Player	07′18″	194	180	23.6	3.2	825	45(3)	0(0)	01′58″	3	2(67%)	2
99-1 Player	10′28″	197	181	40.0	3.8	1060	155(9)	0(0)	01′09″	4	3(75%)	0

*Shirt Number-Name-Distance (x). 🗧 Highest Figure 📃 2nd and 3rd Highest

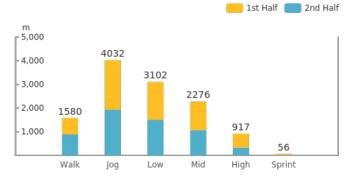


Movement

1st Half	2nd Half	Full Time		1st Half	2nd Half	Full Time
6234m	5730m	11964m	Distance Covered	6114m	5764m	11878m
1849m	1401m	3250m	Effective Running Distance	1533m	1420m	2953m
593m (33)	324m (20)	917m (53)	High-speed Runs	278m (17)	397m (20)	675m (37)
45m (2)	11m (1)	56m (3)	Sprints	23m (2)	19m (1)	42m (3)



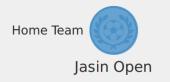
Distance Covered - Speed



					<mark></mark> 1st	Half 📒 2	2nd Half
т Г ^{5,000}							I
- 4,000		4054	3317				
- 3,000				2235			
- 2,000	1552			2235			
- 1,000					675		
						42	
	Walk	Jog	Low	Mid	High	Sprint	

Но	ome Team Speed Range	2
Walk/Stand	Jog	Low-speed
(0.0m/s≤V < 1.2m/s)	(1.2m/s≤V < 2.4m/s)	(2.4m/s≤V < 4m/s)
Medium-speed	High-speed	Sprint
(4m/s≤V < 5.5m/s)	(5.5m/s≤V < 7m/s)	(7m/s≤V)

A	way Team Speed Range	
Walk/Stand	Jog	Low-speed
(0.0m/s≤V < 1.2m/s)	(1.2m/s≤V < 2.4m/s)	(2.4m/s≤V < 4m/s)
Medium-speed	High-speed	Sprint
(4m/s≤V < 5.5m/s)	(5.5m/s≤V < 7m/s)	(7m/s≤V)





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Individual Stats

					J	asin Ope	n					
Name	Time	MHR (bpm)	Avg. HR (bpm)	Physical Load	Intensity	VO2 Max ml/(kg·min)	Calories (kcal)	Distance Covered (m)	Distance Covered (m/min)	High-speed Runs (m)	Sprints (m)	Avg. Intensive Run Intervals
85-15 Player	05′22″	174	159	8.0	1.5	35.0	67	535	100	77(4)	0(0)	01′09″
87-13 Player	10′13″	195	162	19.3	1.9	41.3	131	1139	111	113(8)	0(0)	01′45″
88-12 Player	14′14″	204	186	52.3	3.7	44.0	224	1146	81	79(3)	0(0)	02′01″
90-10 Player	14′31″	191	170	30.9	2.1	39.8	200	1815	125	139(7)	0(0)	01′43″
91-9 Player	14′41″	185	166	26.6	1.8	38.0	194	1335	91	94(5)	0(0)	03′20″
92-8 Player	00′10″	143	141	0.1	0.7	25.4	2	2	10	0(0)	0(0)	00′00″
93-7 Player	14′41″	195	181	45.8	3.1	41.3	222	1626	111	127(9)	46(2)	00′56″
94-6 Player	14′41″	179	109	9.8	0.7	36.5	75	1229	84	95(6)	0(0)	01′37″
95-5 Player	06′09″	199	174	15.5	2.5	42.2	88	679	110	56(4)	11(1)	00′51″
96-4 Player	00′10″	-	-	-	-	-	-	0	0	0(0)	0(0)	00′00″
97-3 Player	14′41″	190	166	27.5	1.9	39.8	195	1176	80	36(2)	0(0)	01′31″
98-2 Player	12′19″	186	153	22.2	1.8	38.6	139	295	24	0(0)	0(0)	00′00″
99-1 Player	08′42″	192	177	29.4	3.4	40.0	127	985	113	101(5)	0(0)	01′57″

*Shirt Number-Name *High-speed Running/Sprint Distance (x) 🛛 🗧 Highest Figure 🖉 2nd and 3rd Highest

Individual Stats

					Len	iggong O	pen					
Name	Time	MHR (bpm)	Avg. HR (bpm)	Physical Load	Intensity	VO2 Max ml/(kg·min)	Calories (kcal)	Distance Covered (m)	Distance Covered (m/min)	High-speed Runs (m)	Sprints (m)	Avg. Intensive Run Intervals
85-15 Player	10′37″	183	165	19.0	1.8	37.7	140	1123	106	102(7)	23(2)	01′07″
86-14 Player	14′31″	189	169	29.6	2.0	39.1	193	1383	95	30(1)	19(1)	00′08″
87-13 Player	06′44″	189	175	17.6	2.6	39.5	97	780	116	0(0)	0(0)	00′00″
88-12 Player	07′19″	179	167	17.8	2.4	36.2	97	510	70	0(0)	0(0)	00′00″
89-11 Player	03′38″	157	121	1.2	0.3	29.9	28	364	100	45(2)	0(0)	03′00″
90-10 Player	09′46″	186	165	16.9	1.7	38.3	125	240	25	0(0)	0(0)	00′00″
91-9 Player	14′20″	193	176	37.5	2.6	40.4	209	1257	88	88(5)	0(0)	02′58″
92-8 Player	14′41″	189	173	34.8	2.4	39.5	208	1249	85	18(1)	0(0)	00′00″
93-7 Player	03′35″	200	184	13.2	3.7	43.0	55	391	109	38(2)	0(0)	01′58″
94-6 Player	11′25″	194	170	25.1	2.2	41.0	153	1416	124	146(6)	0(0)	01′37″
95-5 Player	07′02″	198	183	25.8	3.7	41.9	105	815	116	9(1)	0(0)	00′00″
96-4 Player	04′59″	187	173	11.3	2.3	38.9	71	364	73	0(0)	0(0)	00′00″
97-3 Player	01′30″	188	165	25.3	16.9	38.9	21	100	67	0(0)	0(0)	00′00″
98-2 Player	07′18″	194	180	23.6	3.2	40.7	108	825	113	45(3)	0(0)	01′58″
99-1 Player	10′28″	197	181	40.0	3.8	41.6	159	1060	101	155(9)	0(0)	01′09″

*Shirt Number-Name *High-speed Running/Sprint Distance (x) 🗧 Highest Figure 📃 2nd and 3rd Highest







Lenggong Open



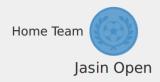
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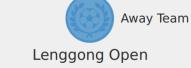
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Passes

	Receiver	9 Player	හ 7 Player	න් 6 Player	97 3 Player	90 10 Pl	80 12 Pl	8 2 Player	87 13 Pl	නි 1 Player	95 5 Player	85 15 Pl	92 8 Player	96 4 Player	Completed	Total
Pa	sser	er	er	er	er	:	:	er	:	rer	er	:	rer	er	ed	
91	9 Pla					2	1		1						4	6
93	7 Pla	2		1			1								4	8
94	6 Pla							1	2			1			4	6
97	3 Pla		1							1					2	2
90	10 Pl				1		2					1			4	8
88	12 Pl	1	2			2			1		2				8	9
98	2 Pla						1		1						2	2
87	13 Pl	1	1			1	1								4	5
99	1 Pla	2	2			2									6	6
95	5 Pla					1									1	3
85	15 Pl		1												1	2
92	8 Pla														0	0







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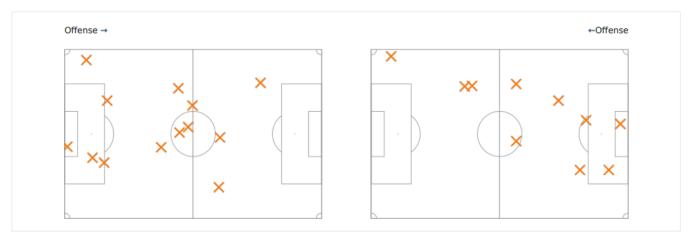
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Passes

	Receiver	92	86	91	94	85	99	90	88	98	95	87	96	89	93	97	0	
Pa	sser	8 Player	14 Pl	9 Player	6 Player	15 Pl	1 Player	10 Pl	12 Pl	2 Player	5 Player	13 Pl	4 Player	11 Pl	7 Player	3 Player	Completed	Total
92	8 Pla											1					1	3
86	14 Pl								1								1	5
91	9 Pla				1	1				1	1						4	5
94	6 Pla										1						1	2
85	15 Pl		1	2								1					4	5
99	1 Pla			1		2											3	4
90	10 Pl				1												1	1
88	12 Pl													1			1	2
98	2 Pla		1			1											2	3
95	5 Pla		1		1												2	6
87	13 Pl			1													1	3
96	4 Pla					1											1	1
89	11 Pl						1										1	2
93	7 Pla																0	0
97	3 Pla																0	0
С	ompleted	0	3	4	3	5	1	0	1	1	2	2	0	1	0	0		



Interceptions



Interceptions	Ranking	Interceptions	
87 - 13 2	1	86 - 14 2	
88 - 12 2	2	92 - 8 P 2	
94 - 6 P 2	3	98 - 2 P 2	
97 - 3 P 2	4	85 - 15 1	
99 - 1 P 2	5	90 - 10 1	
93 - 7 P 1	6	95 - 5 P 1	
95 - 5 P 1	7	96 - 4 P 1	
98 - 2 P 1	8		

*Shirt Number-Name-Interceptions



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Away Team

Lenggong Open

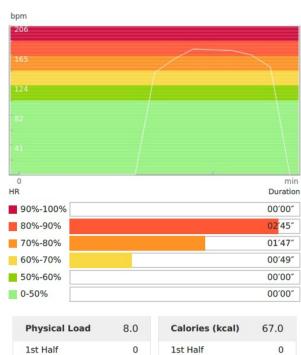
PLAYER SUMMARY

85-15 Play	/er (Jasin Open)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	05'22″

Overview

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	174	10
Avg. HR (bpm)	159	8
Physical Load	8.0	11
Intensity	1.5	10
VO2 Max (ml/(kg.min))	35.0	9
Distance Covered (m)	535	10
Effective Running Distance (m)	188	9
High-speed Running Distance (m)	77	8
High-speed Runs	4	6
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	01′09″	3



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2nd Half

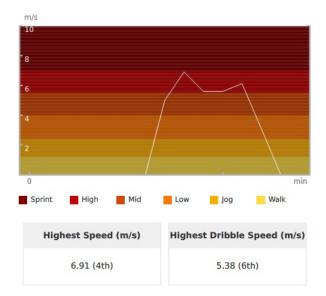
2nd Half

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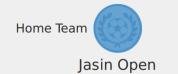
Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	2	8
Passes	2	6
Pass Completion	50.0%	5
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	0	-
Possession Time	00′03″	6
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

Speed-Time



HR-Time



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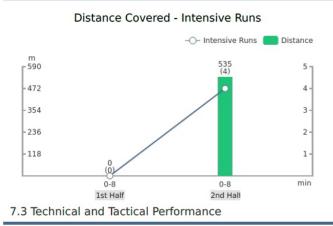
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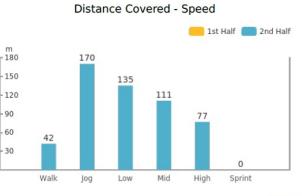
Away Team Lenggong Open

PLAYER SUMMARY

85-15 Player (Jasin Open)										
Age	Position	Height	Weight	BHR	History MHR	Time				
-	-	-	-	70	206	05′22″				

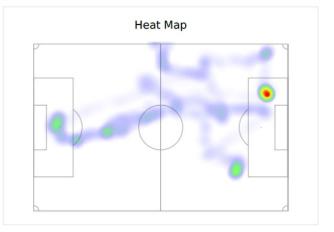
7.2 Fitness Stats





Offense →







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Lenggong Open

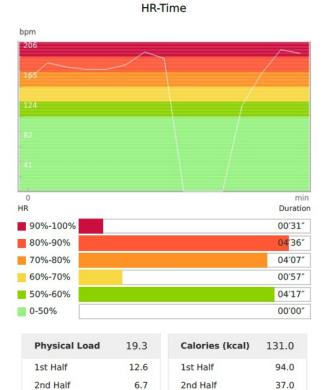
PLAYER SUMMARY

0	87-13 Player (Jasin Open)										
	Age	Position	Height	Weight	BHR	History MHR	Time				
	-	-	-	-	70	206	10'13"				

Overview

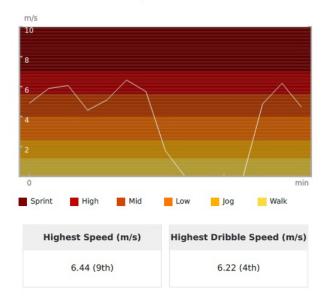
Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	195	3
Avg. HR (bpm)	162	7
Physical Load	19.3	8
Intensity	1.9	6
VO2 Max (ml/(kg.min))	41.3	3
Distance Covered (m)	1139	7
Effective Running Distance (m)	443	3
High-speed Running Distance (m)	113	3
High-speed Runs	8	2
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	01'45"	7



Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	7	4
Passes	5	4
Pass Completion	80.0%	3
Passes Forward	1	5
Pass Completion (forward)	100.0%	1
Passes Forward (%)	20.0%	7
Interceptions	2	1
Possession Time	00'14"	3
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	





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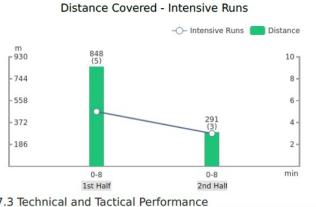


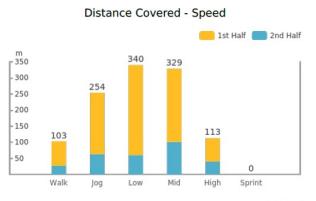
Lenggong Open

PLAYER SUMMARY

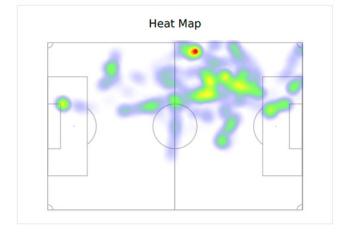
87-13 Pla	yer (Jasin Oper	1)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	10′13″

7.2 Fitness Stats





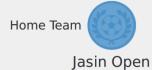
Offense →



7.3 Technical and Tactical Performance

0	0	1	2	0	1
0%	0%	100.0%	100.0%	0%	0%
0	0	1	0	0	0
0%	0%	100.0%	0%	0%	0%
0 0%	0	00%	0 0%	0	0

Away Team



14:41

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Lenggong Open

PLAYER SUMMARY

88-12 Pla	y er (Jasin Oper	ו)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	14′14″

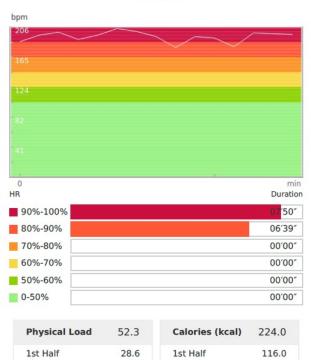
Overview

2nd Half

Fitness Stats

Stats	Ranking
204	1
186	1
52.3	1
3.7	1
44.0	1
1146	6
203	8
79	7
3	7
0	-
0	-
02′01″	9
	204 186 52.3 3.7 44.0 1146 203 79 3 0 0 0

HR-Time



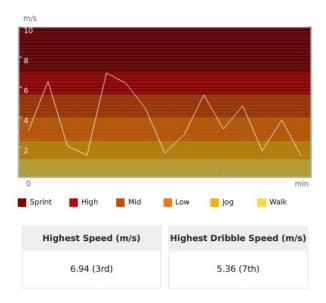
23.7

2nd Half

108.0

Technical and Tactical Performance

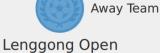
Metrics	Stats	Ranking
Touches	10	2
Passes	9	1
Pass Completion	88.9%	2
Passes Forward	5	1
Pass Completion (forward)	80.0%	2
Passes Forward (%)	55.6%	3
Interceptions	2	1
Possession Time	00′17″	2
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-





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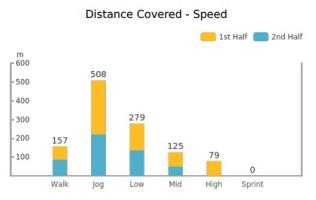


PLAYER SUMMARY

88-12 Pla	y er (Jasin Oper	ו)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	14′14″

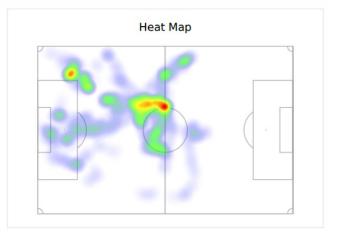
7.2 Fitness Stats





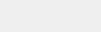
Offense →







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💧 Away Team

Lenggong Open

PLAYER SUMMARY

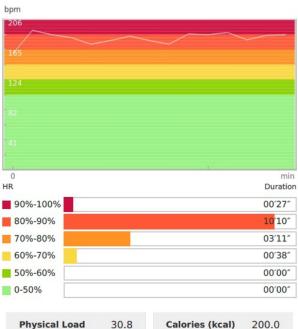
90-10 Pla	ayer (Jasin Oper	n)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	14′31″

Overview

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	191	5
Avg. HR (bpm)	170	5
Physical Load	30.9	3
Intensity	2.1	5
VO2 Max (ml/(kg.min))	39.8	5
Distance Covered (m)	1815	1
Effective Running Distance (m)	653	1
High-speed Running Distance (m)	139	1
High-speed Runs	7	3
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	01′43″	6

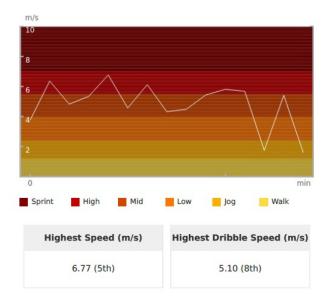
HR-Time



Physical Load	30.8	Calories (kcal)	200.0
1st Half	14.7	1st Half	98.0
2nd Half	16.1	2nd Half	102.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	13	1
Passes	8	2
Pass Completion	50.0%	5
Passes Forward	2	4
Pass Completion (forward)	0%	-
Passes Forward (%)	25.0%	6
Interceptions	0	-
Possession Time	00′17″	2
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

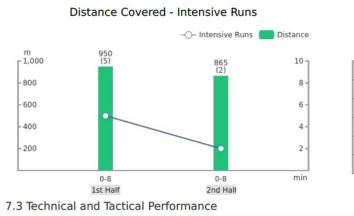


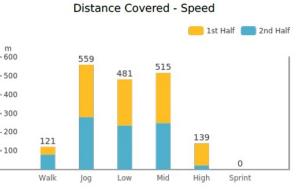


PLAYER SUMMARY

	90-10 Pla	yer (Jasin Open))				
	Age -	Position -	Height -	Weight -	BHR 70	History MHR 206	Time 14′31″

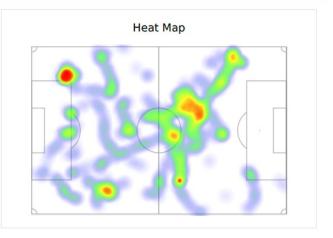
7.2 Fitness Stats





Offense →

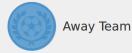






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Lenggong Open

PLAYER SUMMARY

	91-9 Play	(Jasin Open)					
1	Age	Position	Height	Weight	BHR	History MHR	Time
	-	-	-	-	70	206	14'41"

Overview

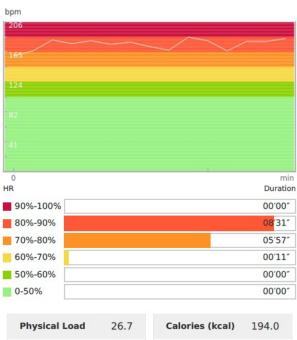
1st Half

2nd Half

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	185	8
Avg. HR (bpm)	166	6
Physical Load	26.7	6
Intensity	1.8	8
VO2 Max (ml/(kg.min))	38.0	7
Distance Covered (m)	1335	3
Effective Running Distance (m)	303	4
High-speed Running Distance (m)	94	6
High-speed Runs	5	5
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	03′20″	10

HR-Time



13.2

13.5

1st Half

2nd Half

97.0

97.0

m/s 10



Technical and Tactical Performance

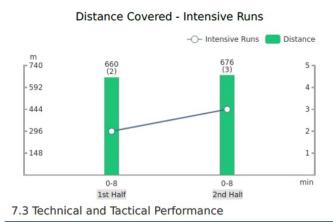
Metrics	Stats	Ranking
Touches	7	4
Passes	6	3
Pass Completion	66.7%	4
Passes Forward	1	5
Pass Completion (forward)	100.0%	1
Passes Forward (%)	16.7%	8
Interceptions	0	-
Possession Time	00'10"	4
Goal	0	-
Assist	0	24
Yellow Card	0	-
Red Card	0	-

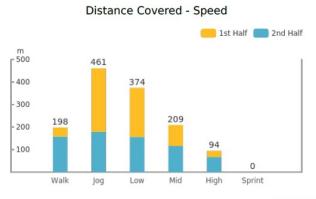


PLAYER SUMMARY

91-9 Play	(Jasin Open)					
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	14'41"

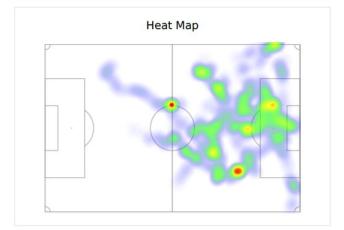
7.2 Fitness Stats





Offense →





Away Team



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Lenggong Open

PLAYER SUMMARY

92-8 Player	(Jasin Open)					
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	00'10″

Overview

2nd Half

Fitness Stats

Stats	Ranking
143	11
141	10
0.1	12
0.7	12
25.4	10
2	12
0	-
0	-
0	-
0	-
0	-
-	-
	143 141 0.1 0.7 25.4 2 0 0 0 0 0 0 0 0 0 0 0

HR-Time



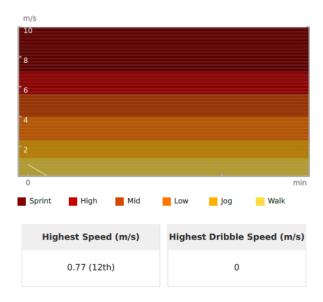
0

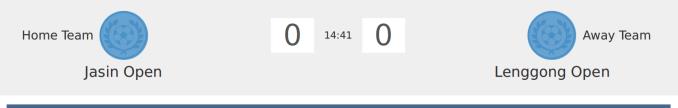
2nd Half

0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	0	-
Passes	0	-
Pass Completion	0%	-
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	0	-
Possession Time	00′00″	9
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-





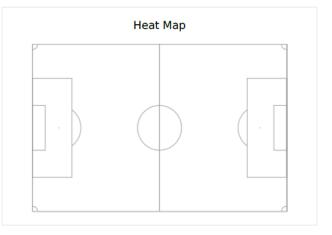
PLAYER SUMMARY

92-8 Player	(Jasin Open)					
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	00′10″

7.2 Fitness Stats









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Away Team

Lenggong Open

PLAYER SUMMARY

	93-7 Playe	er (Jasin Open)					
	Age -	Position -	Height -	Weight -	BHR 70	History MHR 206	Time 14′41″

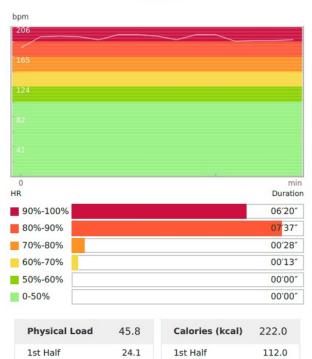
Overview

2nd Half

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	195	3
Avg. HR (bpm)	181	2
Physical Load	45.8	2
Intensity	3.1	3
VO2 Max (ml/(kg.min))	41.3	3
Distance Covered (m)	1626	2
Effective Running Distance (m)	476	2
High-speed Running Distance (m)	127	2
High-speed Runs	9	1
Sprint Distance (m)	46	1
Sprints	2	1
Avg. Intensive Run Intervals	00′56″	2

HR-Time



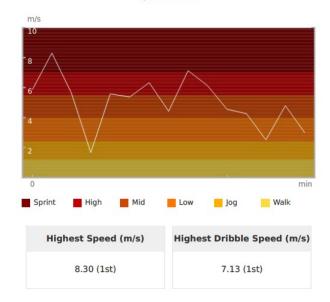
21.7

2nd Half

110.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	13	1
Passes	8	2
Pass Completion	50.0%	5
Passes Forward	4	2
Pass Completion (forward)	25.0%	3
Passes Forward (%)	50.0%	4
Interceptions	1	2
Possession Time	00′20″	1
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

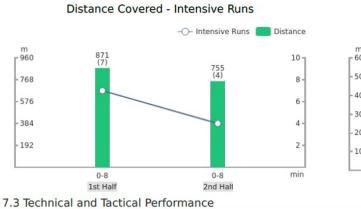


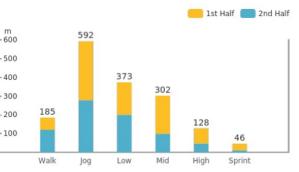


PLAYER SUMMARY

93-7 Player	(Jasin Open)					
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	14′41″

7.2 Fitness Stats

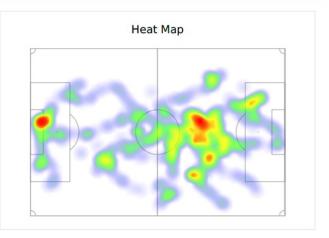




Distance Covered - Speed

Offense →







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Away Team Lenggong Open

PLAYER SUMMARY

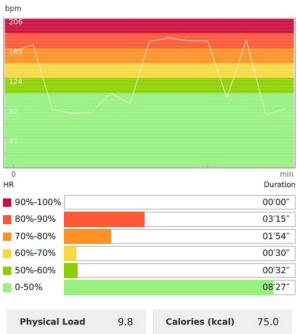
	94-6 Playe	r (Jasin Open)					
	Age -	Position -	Height -	Weight -	BHR 70	History MHR 206	Time 14′41″

Overview

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	179	9
Avg. HR (bpm)	109	11
Physical Load	9.8	10
Intensity	0.7	11
VO2 Max (ml/(kg.min))	36.5	8
Distance Covered (m)	1229	4
Effective Running Distance (m)	270	6
High-speed Running Distance (m)	95	5
High-speed Runs	6	4
Sprint Distance (m)	0	<u></u>
Sprints	0	-
Avg. Intensive Run Intervals	01′37″	5

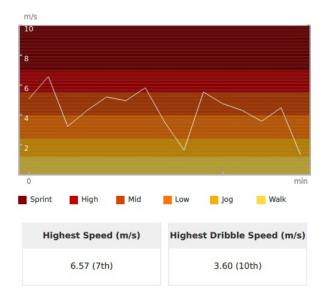
HR-Time

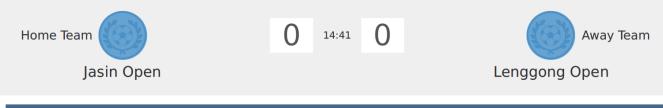


Physical Load	9.8	Calories (kcal)	75.0
1st Half	2.7	1st Half	28.0
2nd Half	7.1	2nd Half	47.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	9	3
Passes	6	3
Pass Completion	66.7%	4
Passes Forward	3	3
Pass Completion (forward)	100.0%	1
Passes Forward (%)	50.0%	4
Interceptions	2	1
Possession Time	00'02"	7
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-



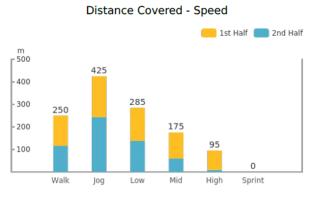


PLAYER SUMMARY

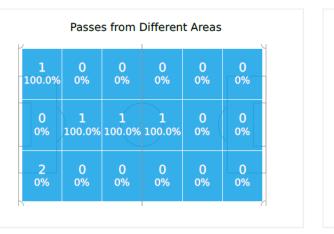
94-6 Player	(Jasin Open)					
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	14'41″

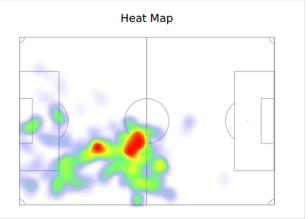
7.2 Fitness Stats





Offense →





Away Team



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Lenggong Open

PLAYER SUMMARY

	95-5 Player	(Jasin Open)					
	Age -	Position -	Height -	Weight -	BHR 70	History MHR 209	Time 06′09″

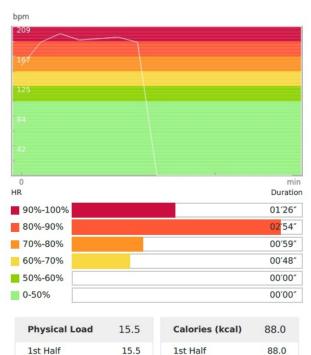
Overview

2nd Half

Fitness Stats

Stats	Ranking
199	2
174	4
15.5	9
2.5	4
42.2	2
679	9
158	10
56	9
4	6
11	2
1	2
00′51″	1
	199 174 15.5 2.5 42.2 679 158 56 4 11 11 1

HR-Time



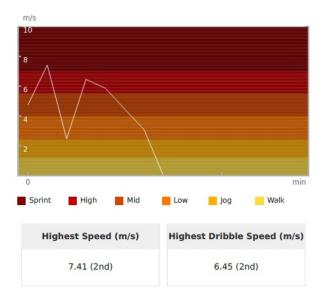
0

2nd Half

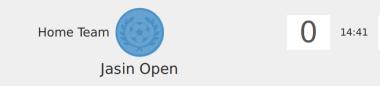
0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	5	6
Passes	3	5
Pass Completion	33.3%	6
Passes Forward	1	5
Pass Completion (forward)	0%	-
Passes Forward (%)	33.3%	5
Interceptions	1	2
Possession Time	00′02″	7
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-



Offense →



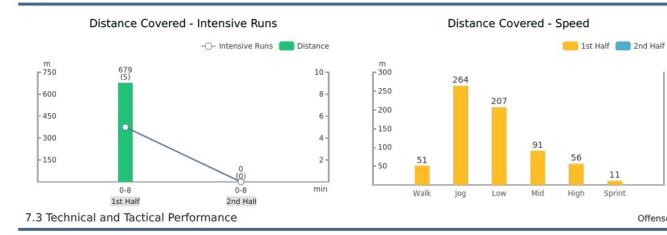
Away Team Lenggong Open

PLAYER SUMMARY

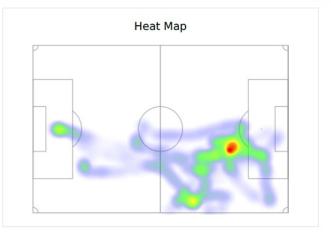
0

95-5 Player	(Jasin Open)					
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	209	06′09″

7.2 Fitness Stats









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Away Team

Lenggong Open

PLAYER SUMMARY

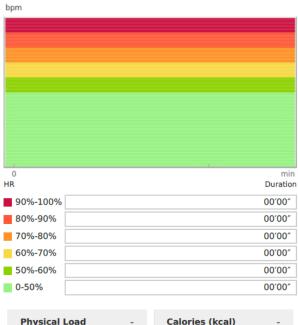
	96-4 Player	(Jasin Open)					
	Age -	Position -	Height -	Weight -	BHR 70	History MHR 206	Time 00′10″

Overview

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	0	-
Avg. HR (bpm)	0	-
Physical Load	0	-
Intensity	0	-
VO2 Max (ml/(kg.min))	0	-
Distance Covered (m)	0	-
Effective Running Distance (m)	0	-
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

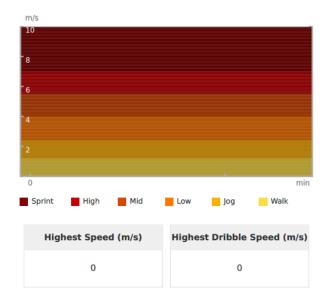
HR-Time



Physical Load	-	Calories (kcal)	-
1st Half	-	1st Half	-
2nd Half	-	2nd Half	-

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	0	-
Passes	0	-
Pass Completion	0%	-
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	0	-
Possession Time	00′00″	9
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

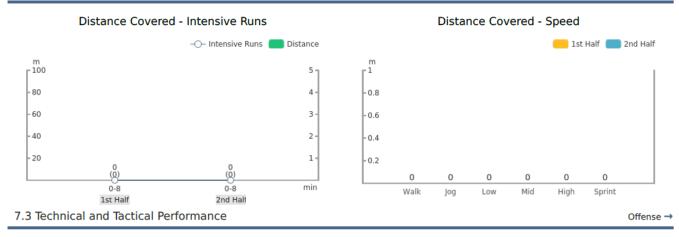




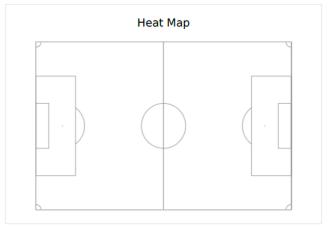
PLAYER SUMMARY

96-4 Player	(Jasin Open)					
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	00'10"

7.2 Fitness Stats









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Lenggong Open

PLAYER SUMMARY

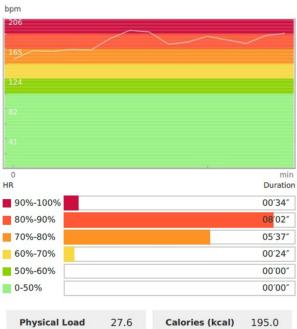
97-3 Play	/er (Jasin Open)					
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	14'41"

Overview

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	190	6
Avg. HR (bpm)	166	6
Physical Load	27.5	5
Intensity	1.9	7
VO2 Max (ml/(kg.min))	39.8	5
Distance Covered (m)	1176	5
Effective Running Distance (m)	290	5
High-speed Running Distance (m)	36	10
High-speed Runs	2	8
Sprint Distance (m)	0	20
Sprints	0	-
Avg. Intensive Run Intervals	01'31"	4

HR-Time

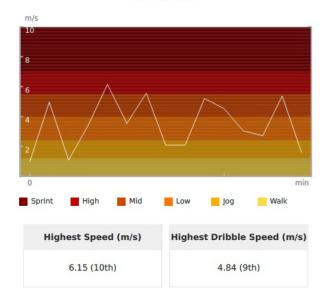


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6	00′24″
6	00'00"
	00'00"

Physical Load	27.6	Calories (kcal)	195.0
1st Half	12.3	1st Half	94.0
2nd Half	15.3	2nd Half	101.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	3	7
Passes	2	6
Pass Completion	100.0%	1
Passes Forward	2	4
Pass Completion (forward)	100.0%	1
Passes Forward (%)	100.0%	1
Interceptions	2	1
Possession Time	00'01"	8
Goal	0	-
Assist	0	20
Yellow Card	0	-
Red Card	0	-

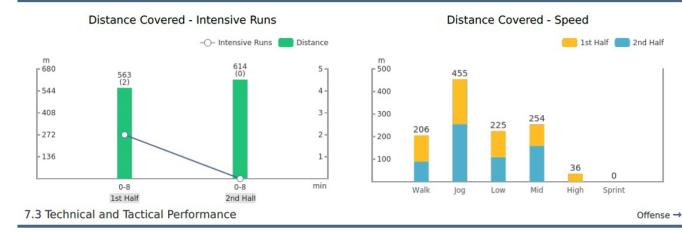




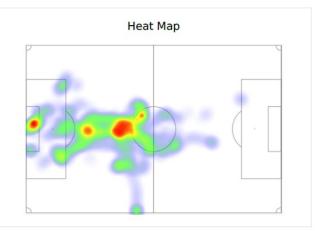
PLAYER SUMMARY

97-3 Player	(Jasin Open)					
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	14′41″

7.2 Fitness Stats









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Away Team

Lenggong Open

PLAYER SUMMARY

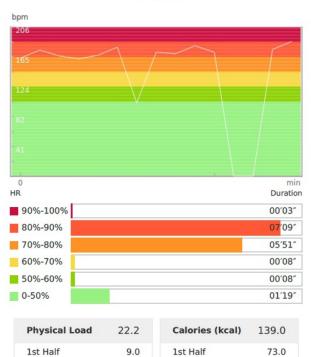
98-2 Play	er (Jasin Open)					
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	12′19″

Overview

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	186	7
Avg. HR (bpm)	153	9
Physical Load	22.2	7
Intensity	1.8	9
VO2 Max (ml/(kg.min))	38.6	6
Distance Covered (m)	295	11
Effective Running Distance (m)	0	-
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	12	-

HR-Time



13.2

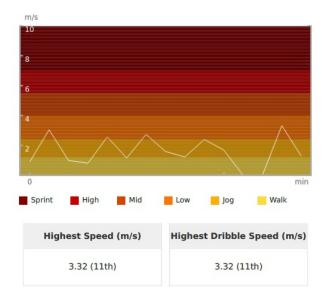
2nd Half

2nd Half

66.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	2	8
Passes	2	6
Pass Completion	100.0%	1
Passes Forward	1	5
Pass Completion (forward)	100.0%	1
Passes Forward (%)	50.0%	4
Interceptions	1	2
Possession Time	00'03"	6
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

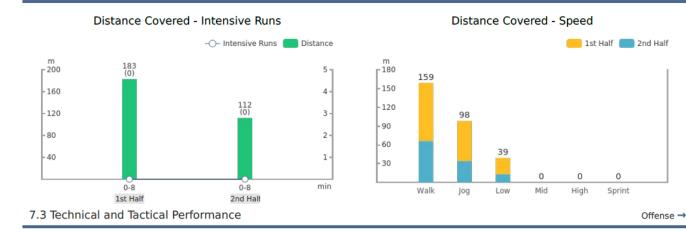


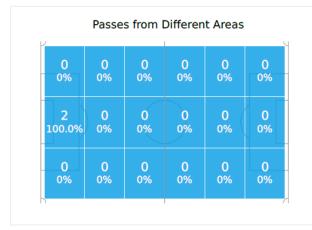


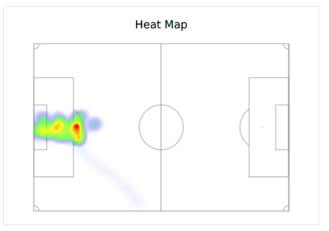
PLAYER SUMMARY

98-2 Player (Jasin Open)						
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	12'19"

7.2 Fitness Stats







Away Team



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Lenggong Open

PLAYER SUMMARY

	99-1 Player (Jasin Open)								
	Age -	Position -	Height -	Weight -	BHR 70	History MHR 206	Time 08′42″		

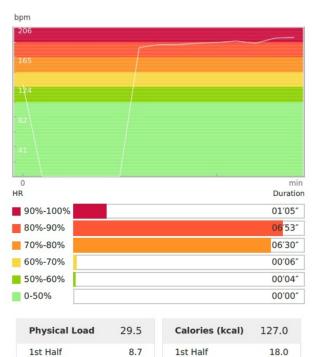
Overview

2nd Half

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	192	4
Avg. HR (bpm)	177	3
Physical Load	29.4	4
Intensity	3.4	2
VO2 Max (ml/(kg.min))	40.0	4
Distance Covered (m)	985	8
Effective Running Distance (m)	267	7
High-speed Running Distance (m)	101	4
High-speed Runs	5	5
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	01′57″	8

HR-Time



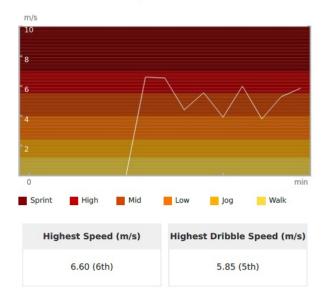
20.8

2nd Half

109.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	6	5
Passes	6	3
Pass Completion	100.0%	1
Passes Forward	4	2
Pass Completion (forward)	100.0%	1
Passes Forward (%)	66.7%	2
Interceptions	2	1
Possession Time	00′08″	5
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-



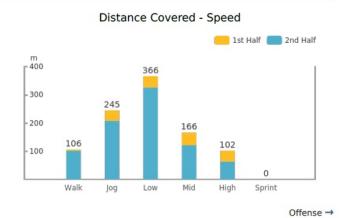


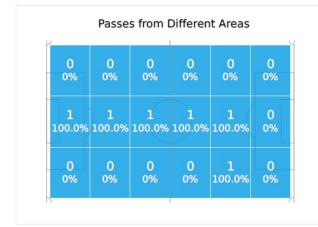
PLAYER SUMMARY

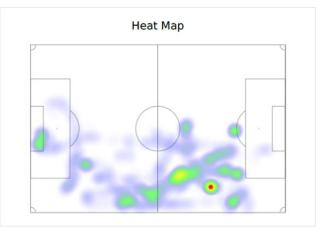
99-1 Player	(Jasin Open)					
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	08′42″

7.2 Fitness Stats











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Away Team Lenggong Open

PLAYER SUMMARY

85-15 Pla	i yer (Lenggong	Open)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	10′37″

Overview

2nd Half

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	183	10
Avg. HR (bpm)	165	11
Physical Load	19.0	9
Intensity	1.8	13
VO2 Max (ml/(kg.min))	37.7	11
Distance Covered (m)	1123	5
Effective Running Distance (m)	279	4
High-speed Running Distance (m)	102	3
High-speed Runs	7	2
Sprint Distance (m)	23	1
Sprints	2	1
Avg. Intensive Run Intervals	01′07″	2

HR-Time



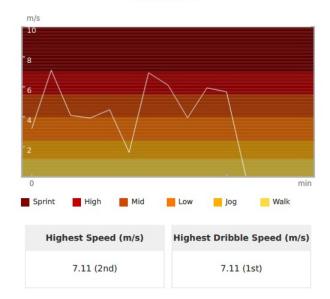
6.1

2nd Half

45.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	9	1
Passes	5	2
Pass Completion	80.0%	2
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	1	2
Possession Time	00′18″	2
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-





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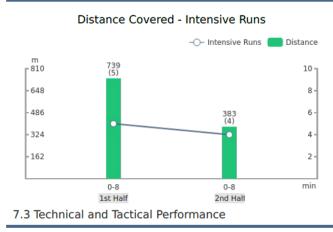
Away Team

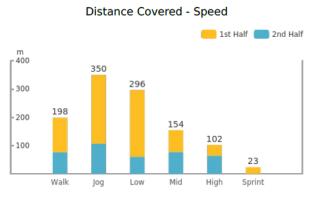
Lenggong Open

PLAYER SUMMARY

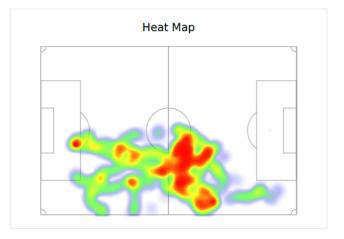
85-15 Player (Lenggong Open)							
Age	Position	Height	Weight	BHR	History MHR	Time	
-	-	-	-	70	206	10′37″	

7.2 Fitness Stats

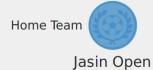








Away Team



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Lenggong Open

PLAYER SUMMARY

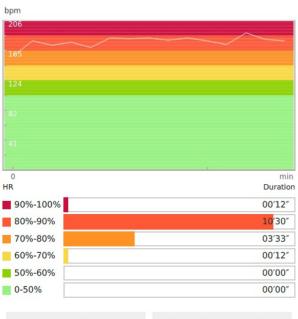
-	86-14 Player (Lenggong Open)								
	Age	Position -	Height -	Weight -	BHR 70	History MHR 206	Time 14′31″		

Overview

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	189	6
Avg. HR (bpm)	169	9
Physical Load	29.6	4
Intensity	2.0	12
VO2 Max (ml/(kg.min))	39.1	8
Distance Covered (m)	1383	2
Effective Running Distance (m)	290	3
High-speed Running Distance (m)	30	8
High-speed Runs	1	7
Sprint Distance (m)	19	2
Sprints	1	2
Avg. Intensive Run Intervals	00'08″	1

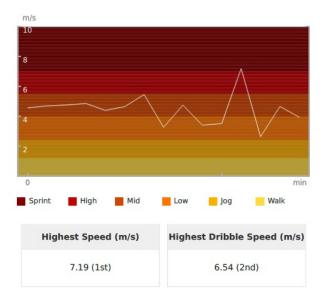
HR-Time



Physical Load	29.6	Calories (kcal)	193.0
1st Half	13.7	1st Half	92.0
2nd Half	15.9	2nd Half	101.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	7	3
Passes	5	2
Pass Completion	20.0%	7
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	2	1
Possession Time	00'18"	2
Goal	0	-
Assist	0	64
Yellow Card	0	-
Red Card	0	-





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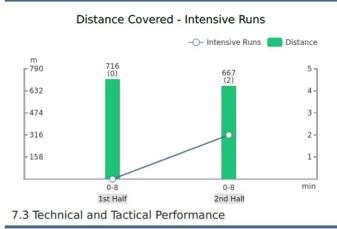
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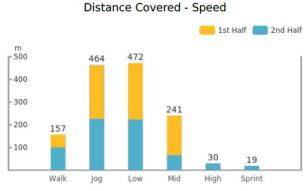
Away Team Lenggong Open

PLAYER SUMMARY

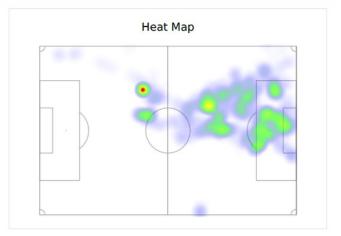
86-14 Player (Lenggong Open)								
Age	Position	Height	Weight	BHR	History MHR	Time		
-	-	-	-	70	206	14'31"		

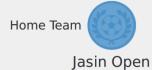
7.2 Fitness Stats











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Away Team Lenggong Open

PLAYER SUMMARY

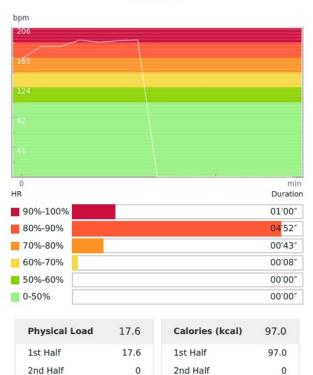
87-13 Player (Lenggong Open)								
Age	Position	Height	Weight	BHR	History MHR	Time		
-	-	-	-	70	206	06'44"		

Overview

Fitness Stats

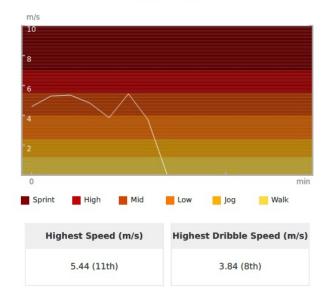
Metrics	Stats	Ranking
MHR (bpm)	189	6
Avg. HR (bpm)	175	6
Physical Load	17.6	11
Intensity	2.6	6
VO2 Max (ml/(kg.min))	39.5	7
Distance Covered (m)	780	9
Effective Running Distance (m)	177	8
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

HR-Time



Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	5	4
Passes	3	4
Pass Completion	33.3%	6
Passes Forward	0	2
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	0	-
Possession Time	00'03"	7
Goal	0	-
Assist	0	
Yellow Card	0	-
Red Card	0	-



Away Team

Lenggong Open



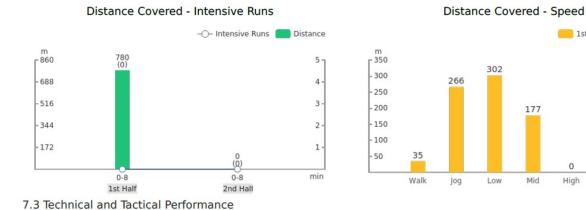
14:41

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PLAYER SUMMARY

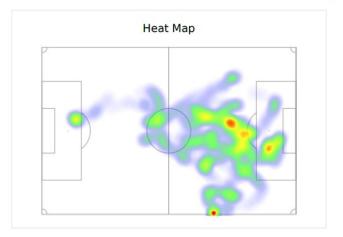
Age	Position	Height	Weight	BHR 70	History MHR 206	Time 06′44″

7.2 Fitness Stats











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Away Team Lenggong Open

PLAYER SUMMARY

88-12 Pla	y er (Lenggong	Open)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	07′19″

Overview

Fitness Stats

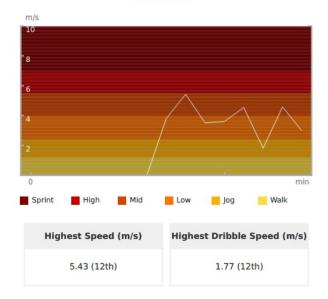
Metrics	Stats	Ranking
MHR (bpm)	179	11
Avg. HR (bpm)	167	10
Physical Load	17.8	10
Intensity	2.4	8
VO2 Max (ml/(kg.min))	36.2	12
Distance Covered (m)	510	10
Effective Running Distance (m)	74	13
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

HR-Time



Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	2	7
Passes	2	5
Pass Completion	50.0%	5
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	0	-
Possession Time	00′00″	8
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-





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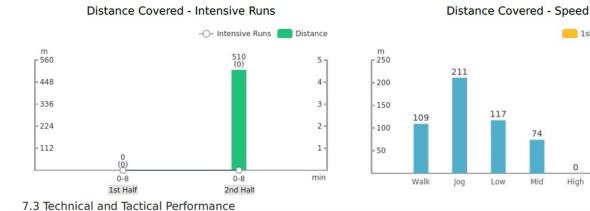
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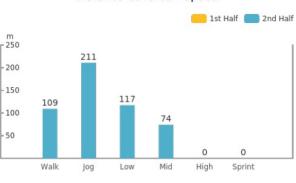
Away Team Lenggong Open

PLAYER SUMMARY

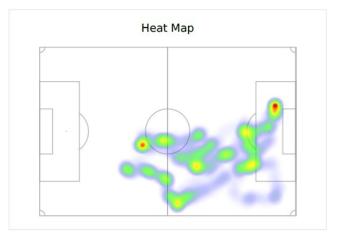
88-12 Pla	yer (Lenggong	Open)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	07′19″

7.2 Fitness Stats









Away Team



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Lenggong Open

PLAYER SUMMARY

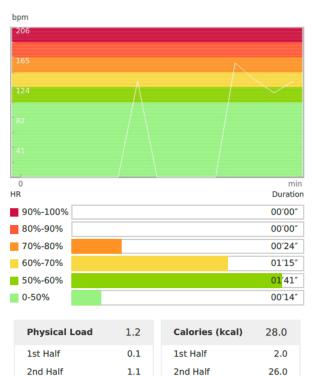
Player (Lenggong	J Open)				
Position	Height -	Weight -	BHR 70	History MHR 206	Time 03′38″
	Position	Position Height	Position Height Weight	Position Height Weight BHR	Position Height Weight BHR History MHR

Overview

Fitness Stats

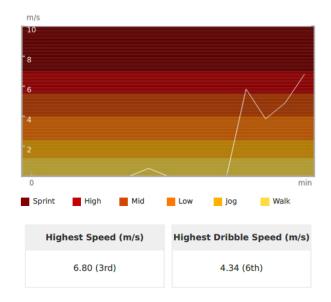
Metrics	Stats	Ranking
MHR (bpm)	157	12
Avg. HR (bpm)	121	12
Physical Load	1.2	15
Intensity	0.3	15
VO2 Max (ml/(kg.min))	29.9	13
Distance Covered (m)	364	12
Effective Running Distance (m)	88	12
High-speed Running Distance (m)	45	5
High-speed Runs	2	6
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	03′00″	8

HR-Time



Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	3	6
Passes	2	5
Pass Completion	50.0%	5
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	0	-
Possession Time	00′03″	7
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

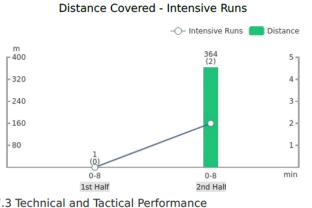


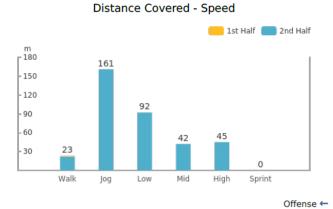


PLAYER SUMMARY

89-11 Pla	ayer (Lenggong	Open)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	03′38″

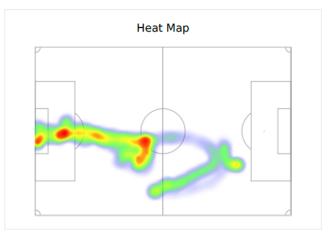
7.2 Fitness Stats





7.3 Technical and Tactical Performance

•	0	0	0	0	0
0%	0%	0%	0%	0%	0%
1	0	1	0	0 (0
0%	0%	100.0%	0%	0%	0%
0	0	0	0	0	0





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Away Team

Lenggong Open

PLAYER SUMMARY

90-10 Play	yer (Lenggong	Open)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	09′46″

Overview

2nd Half

Fitness Stats

MHR (bpm)1869Avg. HR (bpm)16511Physical Load16.912Intensity1.714VO2 Max (ml/(kg.min))38.310Distance Covered (m)24014Effective Running Distance (m)2215High-speed Runsi0-Sprint Distance (m)0-Sprints0-	Metrics	Stats	Ranking
Physical Load16.912Intensity1.714VO2 Max (ml/(kg.min))38.310Distance Covered (m)24014Effective Running Distance (m)2215High-speed Running Distance (m)0-Sprint Distance (m)0-Sprints0-	MHR (bpm)	186	9
Intensity1.714VO2 Max (ml/(kg.min))38.310Distance Covered (m)24014Effective Running Distance (m)2215High-speed Running Distance (m)0-Sprint Distance (m)0-Sprint Distance (m)0-Sprints0-	Avg. HR (bpm)	165	11
VO2 Max (ml/(kg.min))38.310Distance Covered (m)24014Effective Running Distance (m)2215High-speed Runsing Distance (m)0-Sprint Distance (m)0-Sprints0-	Physical Load	16.9	12
Distance Covered (m)24014Effective Running Distance (m)2215High-speed Running Distance (m)0-Sprint Distance (m)0-Sprint Distance (m)0-Sprints0-	Intensity	1.7	14
Effective Running Distance (m)2215High-speed Running Distance (m)0-High-speed Runs0-Sprint Distance (m)0-Sprints0-	VO2 Max (ml/(kg.min))	38.3	10
High-speed Running Distance (m)D-High-speed Runs0-Sprint Distance (m)0-Sprints0-	Distance Covered (m)	240	14
High-speed Runs0-Sprint Distance (m)0-Sprints0-	Effective Running Distance (m)	22	15
Sprint Distance (m) 0 - Sprints 0 -	High-speed Running Distance (m)	0	-
Sprints 0 -	High-speed Runs	0	-
	Sprint Distance (m)	0	-
Ava Intensive Run Intervals	Sprints	0	-
Avg. Incensive Ran Incervais	Avg. Intensive Run Intervals	-	-

HR-Time



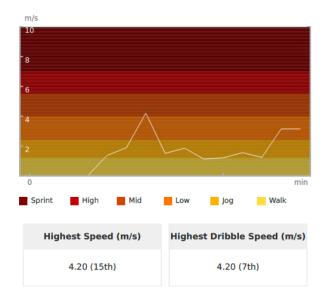
11.6

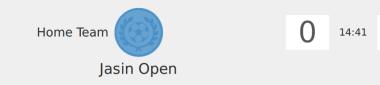
2nd Half

90.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	1	8
Passes	1	6
Pass Completion	100.0%	1
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	1	2
Possession Time	00′03″	7
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-





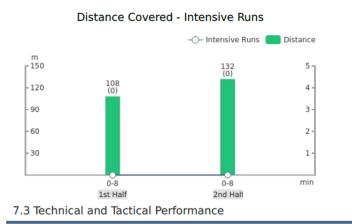
Away Team Lenggong Open

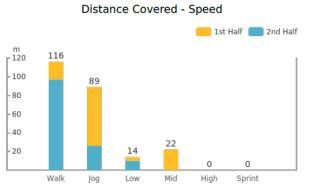
PLAYER SUMMARY

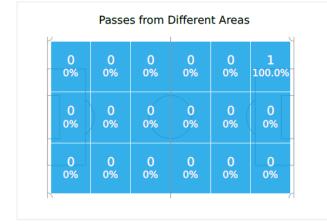
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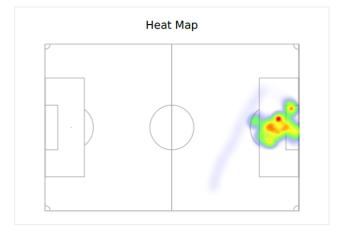


7.2 Fitness Stats











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Lenggong Open

PLAYER SUMMARY

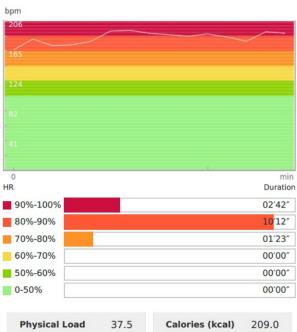
91-9 Player	(Lenggong ()pen)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	14'20″

Overview

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	193	5
Avg. HR (bpm)	176	5
Physical Load	37.5	2
Intensity	2.6	7
VO2 Max (ml/(kg.min))	40.4	6
Distance Covered (m)	1257	3
Effective Running Distance (m)	264	6
High-speed Running Distance (m)	88	4
High-speed Runs	5	4
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	02′58″	7

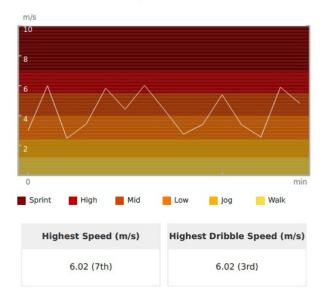
HR-Time



Physical Load	37.5	Calories (kcal)	209.0
1st Half	17.8	1st Half	105.0
2nd Half	19.7	2nd Half	104.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	8	2
Passes	5	2
Pass Completion	80.0%	2
Passes Forward	2	1
Pass Completion (forward)	100.0%	1
Passes Forward (%)	40.0%	1
Interceptions	0	-
Possession Time	00'10"	4
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-



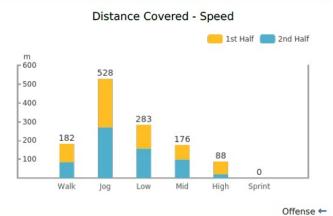


PLAYER SUMMARY

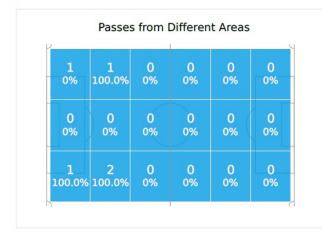
91-9 Player	(Lenggong C	ipen)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	14'20"

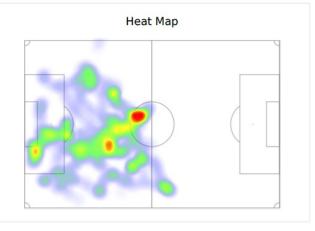
7.2 Fitness Stats





7.3 Technical and Tactical Performance







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Away Team

Lenggong Open

PLAYER SUMMARY

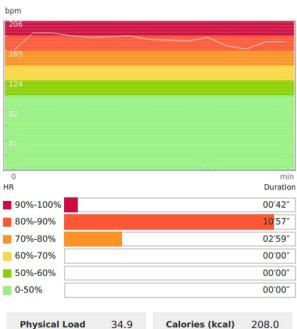
	92-8 Player	(Lenggong C)pen)				
	Age -	Position -	Height -	Weight -	BHR 70	History MHR 206	Time 14′41″

Overview

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	189	6
Avg. HR (bpm)	173	7
Physical Load	34.8	3
Intensity	2.4	9
VO2 Max (ml/(kg.min))	39.5	7
Distance Covered (m)	1249	4
Effective Running Distance (m)	157	10
High-speed Running Distance (m)	18	9
High-speed Runs	1	7
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

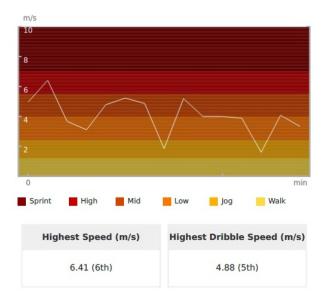
HR-Time



Physical Load	34.9	Calories (kcal)	208.0
1st Half	20.1	1st Half	108.0
2nd Half	14.8	2nd Half	100.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	3	6
Passes	3	4
Pass Completion	33.3%	6
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	2	1
Possession Time	00′03″	7
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-





PLAYER SUMMARY

92-8 Player	(Lenggong C	ipen)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	14′41″

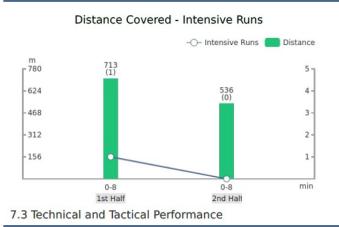
m 600

500

400

300

7.2 Fitness Stats

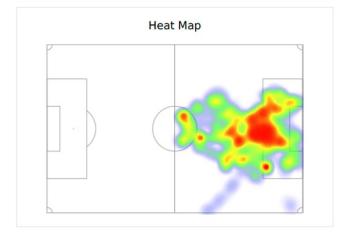




295

200 139 100 18 0 Walk Low Mid High Sprint Jog





Away Team



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Lenggong Open

PLAYER SUMMARY

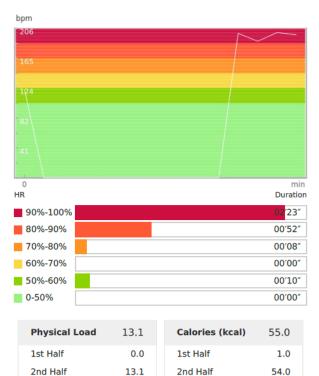


Overview

Fitness Stats

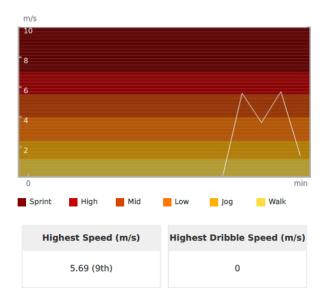
Metrics	Stats	Ranking
MHR (bpm)	200	1
Avg. HR (bpm)	184	1
Physical Load	13.2	13
Intensity	3.7	3
VO2 Max (ml/(kg.min))	43.0	1
Distance Covered (m)	391	11
Effective Running Distance (m)	164	9
High-speed Running Distance (m)	38	7
High-speed Runs	2	6
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	01′58″	6

HR-Time



Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	0	-
Passes	0	-
Pass Completion	0%	-
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	0	-
Possession Time	00'00"	8
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

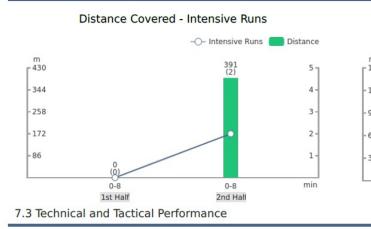


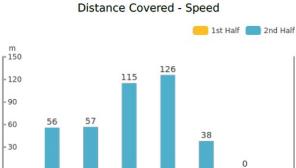


PLAYER SUMMARY



7.2 Fitness Stats





Mid

High

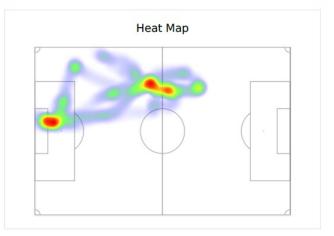
Sprint

Walk

Jog

Low







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Lenggong Open

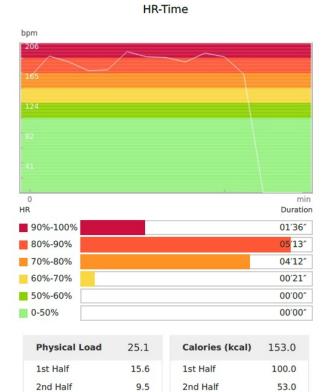
PLAYER SUMMARY

94-6 Player	(Lenggong ()pen)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	11'25″

Overview

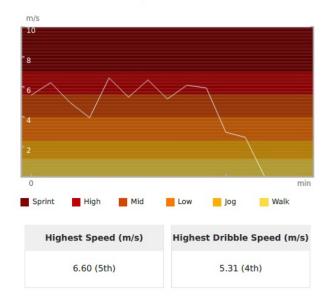
Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	194	4
Avg. HR (bpm)	170	8
Physical Load	25.1	7
Intensity	2.2	11
VO2 Max (ml/(kg.min))	41.0	4
Distance Covered (m)	1416	1
Effective Running Distance (m)	520	1
High-speed Running Distance (m)	146	2
High-speed Runs	6	3
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	01′37″	4



Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	3	6
Passes	2	5
Pass Completion	50.0%	5
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	0	-
Possession Time	00′12″	3
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-



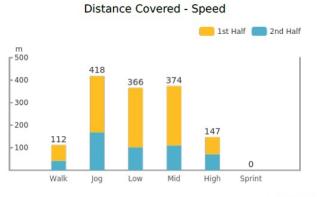


PLAYER SUMMARY

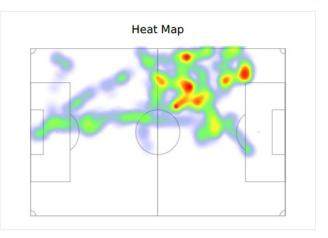
94-6 Player	(Lenggong C)pen)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	11′25″

7.2 Fitness Stats











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PLAYER SUMMARY

95-5 Play	er (Lenggong C)pen)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	07′02″

Overview

2nd Half

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	198	2
Avg. HR (bpm)	183	2
Physical Load	25.8	5
Intensity	3.7	4
VO2 Max (ml/(kg.min))	41.9	2
Distance Covered (m)	815	8
Effective Running Distance (m)	202	7
High-speed Running Distance (m)	9	10
High-speed Runs	1	7
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-





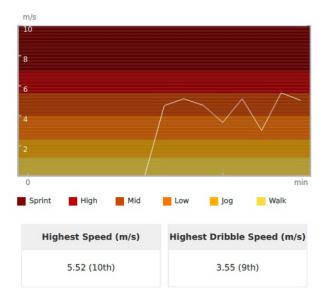
25.7

2nd Half

102.0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	7	3
Passes	6	1
Pass Completion	33.3%	6
Passes Forward	1	2
Pass Completion (forward)	100.0%	1
Passes Forward (%)	16.7%	3
Interceptions	1	2
Possession Time	00′20″	1
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-





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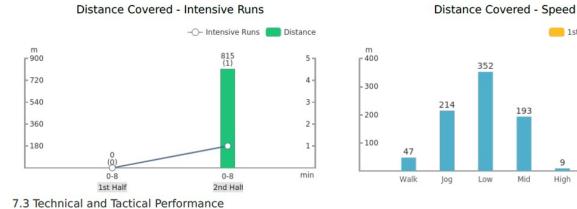


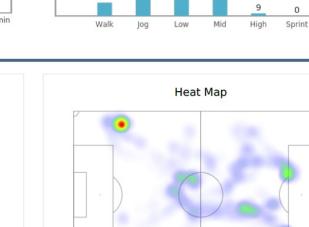
Lenggong Open

PLAYER SUMMARY

95-5 Player	(Lenggong C)pen)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	07′02″

7.2 Fitness Stats





352

193

Offense ←

📒 1st Half 📒 2nd Half





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Away Team

Lenggong Open

PLAYER SUMMARY

96-4 Playe	er (Lenggong C)pen)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	04′59″

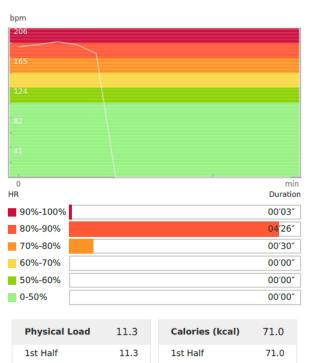
Overview

2nd Half

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	187	8
Avg. HR (bpm)	173	7
Physical Load	11.3	14
Intensity	2.3	10
VO2 Max (ml/(kg.min))	38.9	9
Distance Covered (m)	364	13
Effective Running Distance (m)	108	11
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

HR-Time



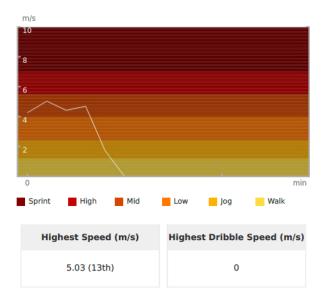
0

2nd Half

0

Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	1	8
Passes	1	6
Pass Completion	100.0%	1
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	1	2
Possession Time	00′00″	8
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

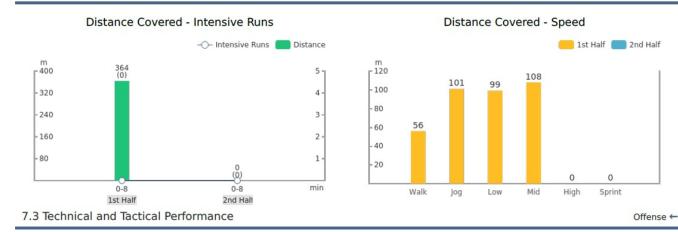


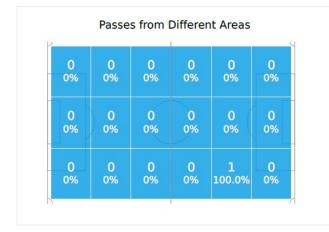


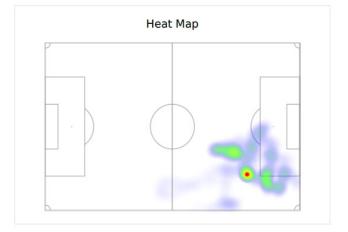
PLAYER SUMMARY

96-4 Player	(Lenggong O	ipen)				
Age	Position	Height	Weight	BHR	History MHR	Time
-	-	-	-	70	206	04′59″

7.2 Fitness Stats









0

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Lenggong Open

PLAYER SUMMARY

	97-3 Player	(Lenggong C	pen)				
	Age -	Position -	Height -	Weight -	BHR 70	History MHR 206	Time 01′30″

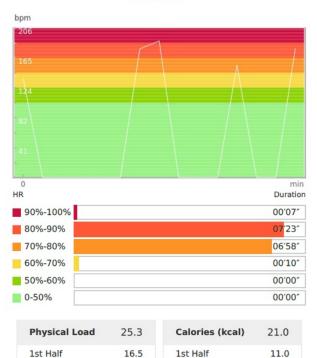
Overview

2nd Half

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	188	7
Avg. HR (bpm)	165	11
Physical Load	25.3	6
Intensity	16.9	1
VO2 Max (ml/(kg.min))	38.9	9
Distance Covered (m)	100	15
Effective Running Distance (m)	23	14
High-speed Running Distance (m)	0	-
High-speed Runs	0	-
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	-	-

HR-Time



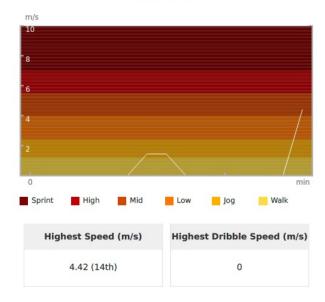
8.8

2nd Half

10.0

Technical and Tactical Performance
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Metrics	Stats	Ranking
Touches	0	-
Passes	0	-
Pass Completion	0%	-
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	0	-
Possession Time	00′00″	8
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-



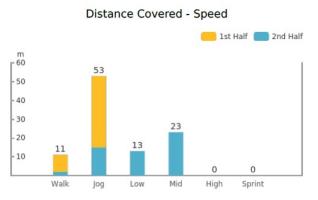


PLAYER SUMMARY

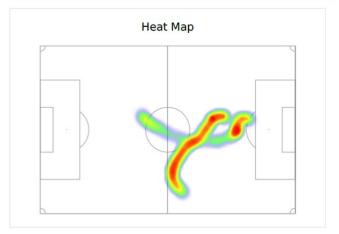


7.2 Fitness Stats











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Away Team Lenggong Open

PLAYER SUMMARY

98-2 Play	er (Lenggong C)pen)				
Age	Position	Height	Weight	BHR 70	History MHR 206	Time 07′18″

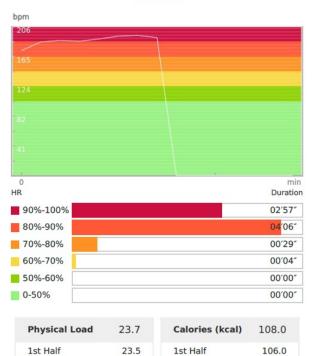
Overview

2nd Half

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	194	4
Avg. HR (bpm)	180	4
Physical Load	23.7	8
Intensity	3.2	5
VO2 Max (ml/(kg.min))	40.7	5
Distance Covered (m)	825	7
Effective Running Distance (m)	266	5
High-speed Running Distance (m)	45	6
High-speed Runs	3	5
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	01′58″	5

HR-Time



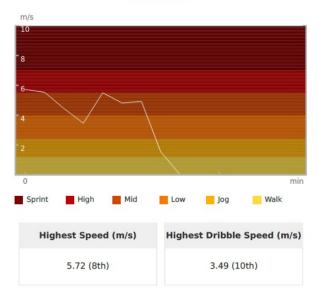
0.2

2nd Half

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Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	4	5
Passes	3	4
Pass Completion	66.7%	4
Passes Forward	1	2
Pass Completion (forward)	100.0%	1
Passes Forward (%)	33.3%	2
Interceptions	2	1
Possession Time	00'04"	6
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-

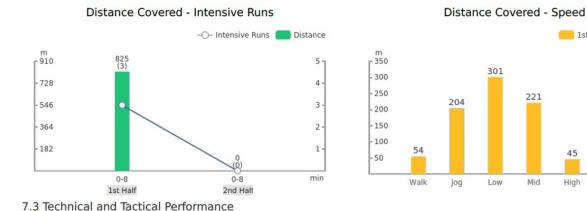


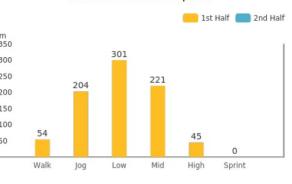


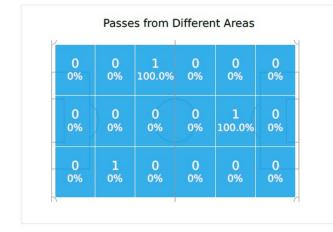
PLAYER SUMMARY

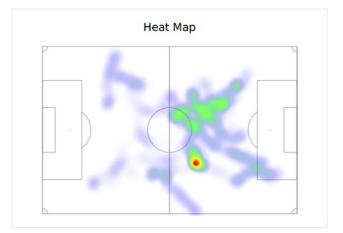
	98-2 Player	(Lenggong O)pen)				
	Age -	Position -	Height -	Weight -	BHR 70	History MHR 206	Time 07'18"

7.2 Fitness Stats











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Lenggong Open

PLAYER SUMMARY

	99-1 Player	(Lenggong O	pen)				
	Age -	Position -	Height -	Weight -	BHR 70	History MHR 206	Time 10′28″

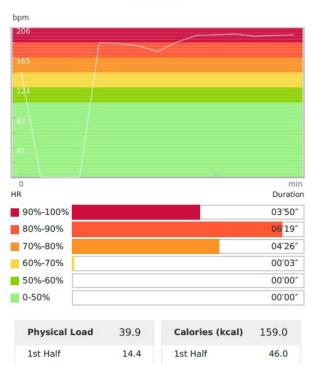
Overview

2nd Half

Fitness Stats

Metrics	Stats	Ranking
MHR (bpm)	197	3
Avg. HR (bpm)	181	3
Physical Load	40.0	1
Intensity	3.8	2
VO2 Max (ml/(kg.min))	41.6	3
Distance Covered (m)	1060	6
Effective Running Distance (m)	320	2
High-speed Running Distance (m)	155	1
High-speed Runs	9	1
Sprint Distance (m)	0	-
Sprints	0	-
Avg. Intensive Run Intervals	01′09″	3

HR-Time



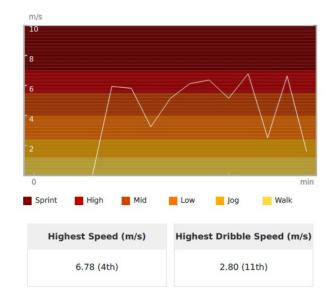
25.5

2nd Half

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Technical and Tactical Performance

Metrics	Stats	Ranking
Touches	5	4
Passes	4	3
Pass Completion	75.0%	3
Passes Forward	0	-
Pass Completion (forward)	0%	-
Passes Forward (%)	0%	-
Interceptions	0	-
Possession Time	00′06″	5
Goal	0	-
Assist	0	-
Yellow Card	0	-
Red Card	0	-





PLAYER SUMMARY



7.2 Fitness Stats

